

# FEBRUARY 2024

FR - Fitness Room  
CR - Card Room  
JB - Juice Bar  
MR - Meeting Room  
DR - Dining Room  
R - requires reservation  
T - transportation is provided

**BOLD BLACK** - Outings  
**BOLD BLUE** - Live Entertainment  
**RED** - Medical Transports  
**BOLD PURPLE** - Special Events  
**BOLD ORANGE** - Meetings  
**BOLD GREEN** - Seminars

\*\* Resident Led Activity

## THURSDAY

## FRIDAY

## SATURDAY

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

<p>1:00 Scrabble (JB) ** 4 2:00 Sunday Afternoon TV Classics &amp; Popcorn (Theatre)</p>	<p>9:00 to 2:00 Open Sewing Group (MR) 5 10:15 Dance Cardio (FR) 12:00 Balance &amp; Strength (FR) 1:00 Support Shawl Knitters (HS JB) 2:00 Raffle Bingo (FR) ** 3:30 Mexican Train (JB) **</p>	<p>AM Doctor Transports 6 10:00 St. Luke's Bible Study (MR) 11:15 Seated Yoga &amp; Meditation (FR) 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&amp;T 3:00 Armchair Travel (Theatre) 6:30 Movie Night, Moonlight Mile (Theatre) **</p>	<p>8:30 Men's Breakfast R&amp;T 7 10:15 Dance Cardio (FR) 11:30 Safeway/Dollar Store R&amp;T 12:00 Balance &amp; Strength (FR) 2:00 Treats Bingo (FR) 6:30 Rummikub (JB) **</p>	<p>PM Doctor Transports 8 9:30 Walk at South Hill Mall R&amp;T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga &amp; Meditation (FR) 2:00 Make Old School Valentines for your Neighbors (JB) 3:00 Reminisce Cafe (JB)</p>	<p>9:00 Mobile Library (Hearthside) 2 10:15 Dance Cardio (FR) 12:00 Balance &amp; Strength (FR) 1:00 Fred Meyer R&amp;T 2:00 Texas Hold Em' (JB) 3:00 Tech Assistance (JB)</p>	<p>11:00 Dime Bingo (FR) ** 3 1:30 Rummikub (JB) ** 3:30 Tea &amp; Table Topics (JB) 6:15 Blackjack (FR) **</p>
<p>1:00 Scrabble (JB) ** 11 2:00 Sunday Afternoon TV Classics &amp; Popcorn (Theatre)</p>	<p>9:00 to 2:00 Open Sewing Group (MR) 12 10:15 Dance Cardio (FR) 12:00 Balance &amp; Strength (FR) 1:00 Support Shawl Knitters (HS JB) 2:00 Raffle Bingo (FR) ** 3:00 Mardi Gras Themed Wine &amp; Cheese (JB) 3:30 Mexican Train (JB) ** 4:40 Therapy Dog Visits (Fireside JB)</p>	<p>AM Doctor Transports 13 10:00 St. Luke's Bible Study (MR) 12:00 "Love Yourself" Wellness Fair (Fairfield Lower Level &amp; Juice Bar) 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&amp;T 3:00 Armchair Travel! (Theatre) 4:00 Live Music, CC! (JB) 6:30 Movie Night, Bob Hope (Theatre)</p>	<p>9:30 Costco/Walmart R&amp;T 14 10:15 Dance Cardio (FR) 12:00 Balance &amp; Strength (FR) 3:00 Valentine's Treats from Culinary Students (FR) 3:30 Round Table Meeting (FR) 6:30 Rummikub (JB) **</p>	<p>PM Doctor Transports 15 9:30 Walk at Outlet Mall R&amp;T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga &amp; Meditation (FR) 2:00 Wii Bowling (CR) 3:00 Reminisce Cafe (JB)</p>	<p>10:15 Dance Cardio 16 12:00 Balance &amp; Strength (FR) 2:00 Texas Hold Em' (JB) 3:00 Tech Assistance (JB)</p>	<p>11:00 Dime Bingo (FR) ** 17 1:30 Rummikub (JB) ** 3:30 Tea &amp; Table Topics (JB) 6:15 Blackjack (FR) **</p>
<p>1:00 Scrabble (JB) ** 18 2:00 Sunday Afternoon TV Classics &amp; Popcorn (Theatre)</p>	<p>9:00 to 2:00 Open Sewing Group (MR) 19 10:15 Dance Cardio (FR) 12:00 Balance &amp; Strength (FR) 1:00 Support Shawl Knitters (HS JB) 2:00 Raffle Bingo (FR) ** 3:30 Mexican Train (JB) **</p>	<p>AM Doctor Transports 20 10:00 St. Luke's Bible Study (MR) 11:15 Seated Yoga &amp; Meditation (FR) 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&amp;T 3:00 Armchair Travel! (Theatre) 3:30 Dining Out, JP's Tavern R&amp;T 6:30 City Hill Church Song &amp; Group Bible Study (JB)</p>	<p>9:30 Nisqually Red Wind Casino R&amp;T 21 10:15 Dance Cardio 12:00 Balance &amp; Strength (FR) 2:00 Treats Bingo (FR) ** 3:15 Activity Meeting (FR) 6:30 Rummikub (JB) **</p>	<p>PM Doctor Transports 22 9:30 Walk at Tacoma Mall R&amp;T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga &amp; Meditation (FR) 2:00 Wii Bowling (CR) 3:00 Reminisce Cafe (JB)</p>	<p>10:15 Dance Cardio (FR) 23 12:00 Balance &amp; Strength 2:00 Texas Hold Em' (JB) 3:00 Tech Assistance (JB) 4:00 Happy Hour &amp; Piano Sing-Along with Jackie (JB)</p>	<p>11:00 Dime Bingo (FR) ** 24 1:30 Rummikub (JB) ** 3:30 Tea &amp; Table Topics (JB) 6:15 Blackjack (FR) **</p>
<p>1:00 Scrabble (JB) ** 25 1:00 St. Luke's Church Service (Hearthside Juice Bar) 2:00 Sunday Afternoon TV Classics &amp; Popcorn (Theatre)</p>	<p>9:00 to 2:00 Open Sewing Group (MR) 26 11:00 Ladies Lunch, The Rock R&amp;T 12:00 Balance &amp; Strength (FR) 1:00 Support Shawl Knitters (HS JB) 2:00 Raffle Bingo (FR) ** 3:30 Mexican Train (JB) **</p>	<p>AM Doctor Transport 27 10:00 St. Luke's Bible Study (MR) 11:15 Seated Yoga &amp; Meditation 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&amp;T 3:00 Armchair Travel! (Theatre) 6:30 Movie Night, More Bob Hope Highlights (Theatre) **</p>	<p>9:30 Target/Trader Joes R&amp;T 28 10:15 Dance Cardio (FR) 12:00 Balance &amp; Strength (FR) 2:00 Talk Soup (MR) 2:30 Treats Bingo (FR) ** 6:30 Rummikub (JB) **</p>	<p>PM Doctor Transports 29 9:30 Sewing &amp; Stitchery Expo at the Fairgrounds R&amp;T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga &amp; Meditation (FR) 2:00 Wii Bowling (CR) 3:00 Reminisce Cafe (JB)</p>	<p><b>DOOR DECORATING CONTEST</b> It's time to dress up those doors and compete for Best Dressed Door and "Porch". The theme this month is "Love is All Around". Get creative and have fun! Ballots will be available by Friday February 16th and winner will be notified by end of month! Contact activities with any questions!</p>	

## 02/08

Remember making cut out paper hearts and doily Valentines in school? Let's bring that back!

## 02/12

We're not going to France this Wine & Cheese... we're going to New Orleans! Join us for some jazz and fun!

## 02/13

"Love Yourself" Wellness Fair. Don't miss this opportunity to chat with a myriad of health and wellness practitioners right here on campus!

## 02/29

Attention Seamstresses, Stitchers and Crafty Types! Join us for a trip to the Sewing & Stitchery Expo! Entry is \$18.00 at the gate!