

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2024

						<p>1</p> <p>10:00 Morning Stretch 10:30 Chair Yoga with Nadine 11:15 Craft Corner: Centerpieces 1:15 Shopping: Dollar Tree 1:30 Games: Hand & Foot 3:00 Movie Matinee 3:30 Happy Hour</p>		<p>2</p> <p>10:00 Morning Stretch 10:30 Fitness & Balance 10:30 Casino: Emerald Queen 11:15 Show & Share 1:15 Prize Bingo 3:00 Word Games 3:00 Movie Matinee</p> <p>Groundhog Day</p>		<p>3</p> <p>10:30 Wizard Card Game 2:00 Movie Matinee 3:00 Movie Matinee</p>			
<p>4</p> <p>Church Transport: West Seattle 2:00 Movie Matinee: 3:00 Movie Matinee</p>		<p>5</p> <p>10:00 Morning Stretch 10:30 Exercise with Danica 11:15 Wii Sports: Bowling 1:15 Book Club: Resident Choice 2:15 Games: Mahjong 3:00 Prayer & Communion 3:00 Movie Matinee</p>		<p>6</p> <p>Dr. Appointments: West Seattle 10:00 Morning Stretch 10:30 Tea Tasting & History 11:15 Games in the Gardens 1:15 Craft Corner: Cards 2:00 Tasty Tuesday: 3:00 Movie Matinee</p>		<p>7</p> <p>10:00 Morning Stretch 10:30 Strength & Flexibility 10:30 Fitness & Balance 11:15 Show & Share 1:15 Craft Corner: Dragons 2:15 Travelogue: China 3:00 Movie Matinee 6:30 Wizard Card Game</p>		<p>8</p> <p>10:00 Morning Stretch 11:00 Lunch Out: Din Tai Fung 11:15 Wii Sports: Bowling 3:00 Prize Bingo 3:00 Movie Matinee</p>		<p>9</p> <p>10:00 Morning Stretch 10:30 Fitness & Balance 11:15 Coffee & Conversation 1:15 Shopping: Westwood 3:00 Word Games 3:00 Movie Matinee</p> <p>Chinese New Year (Year of the Dragon)</p>		<p>10</p> <p>10:30 All Resident Council Meeting with David 11:00 Wizard Card Game 2:00 Movie Matinee 3:00 Movie Matinee</p>	
<p>11</p> <p>Church Transport: West Seattle 3:00 Movie Matinee 6:30 Football: Superbowl</p>		<p>12</p> <p>10:00 Morning Stretch 10:30 Exercise with Danica 11:15 Wii Sports: Bowling 1:15 Games: Hand & Foot 2:15 Prize Bingo 3:00 Prayer & Communion 3:00 Movie Matinee</p>		<p>13</p> <p>Dr. Appointments: Burien 10:00 Morning Stretch 10:30 Resident Council Eva 11:15 Tasty Tuesday: MG Pops 1:15 Tasty Tuesday: MG Pops 2:15 Games: Resident Choice 3:30 Happy Hour 5:00 Birthday Celebrations! 3:00 Movie Matinee <small>Mardi Gras</small></p>		<p>14</p> <p>10:00 Morning Stretch 10:30 Fitness & Balance 10:30 Exercise: Seated Cardio 11:15 Poetry Club: Love Poems 1:15 Sweetheart Shakes 2:00 Music: Piano with Bonnie 3:00 Movie Matinee 6:30 Wizard Card Game <small>Valentine's Day</small></p>		<p>15</p> <p>10:00 Morning Stretch 10:30 Chair Yoga with Nadine 10:30 Coffee & Conversation 11:15 Wii Sports: Bowling 1:15 Shopping: Wal-Mart 3:00 Movie Matinee</p>		<p>16</p> <p>10:00 Morning Stretch 10:30 Fitness & Balance 11:15 Games in the Gardens 1:15 Games: Resident Choice 2:30 Reminiscing 3:00 Word Games 3:00 Movie Matinee</p>		<p>17</p> <p>11:00 Wizard Card Game 2:00 Movie Matinee 3:00 Movie Matinee</p>	
<p>18</p> <p>Church Transport: West Seattle 10:30 All Souls Church Service 3:00 Movie Matinee</p>		<p>19</p> <p>10:00 Morning Stretch 10:30 Exercise with Danica 11:15 Wii Sports: Bowling 1:15 Games: Hand & Foot 2:15 Prize Bingo 3:00 Prayer & Communion 3:00 Movie Matinee</p> <p><small>Presidents' Day</small></p>		<p>20</p> <p>Dr. Appointments: Capitol Hill 10:00 Morning Stretch 10:30 Games: Resident Choice 11:15 Games in the Gardens 1:15 Music: Hymn Sing 2:00 Games: Resident Choice 3:00 Movie Matinee 6:30 All Souls Prize Bingo</p>		<p>21</p> <p>10:00 Morning Stretch 10:30 Strength & Flexibility 10:30 Animal Visit 1:15 Shopping: Southcenter 3:00 Movie Matinee 6:30 Wizard Card Game</p>		<p>22</p> <p>10:00 Games: Resident Led 10:30 Chair Yoga with Nadine 10:30 Coffee & Conversation 11:15 Wii Sports: Bowling 1:15 Mahjong with Donna 3:00 Movie Matinee</p>		<p>23</p> <p>10:00 Morning Stretch 10:30 Fitness & Balance 11:15 Games in the Gardens 1:15 Show & Share 2:00 Talk Food with MaGlori 3:00 Word Games 3:00 Movie Matinee</p>		<p>24</p> <p>10:30 Wizard Card Game 2:00 Movie Matinee 3:00 Movie Matinee</p>	
<p>25</p> <p>Church Transport: West Seattle 2:00 Movie Matinee 3:00 Movie Matinee</p>		<p>26</p> <p>10:00 Games: Resident Led 11:15 Wii Sports: Bowling 11:15 Museum: Frye Art 1:15 Games: Hand & Foot 3:00 Movie Matinee</p>		<p>27</p> <p>Dr. Appointments: Discretionary 10:00 Morning Stretch 10:30 Games: Resident Choice 11:15 Games in the Gardens 1:15 Tasty Tuesday 3:00 Movie Matinee 7:15 Sing - a- Long</p>		<p>28</p> <p>10:00 Morning Stretch 10:30 Reminiscing 10:30 Healthy Living Series 11:15 Guided Journaling 1:15 Shopping: Trader Joe's 3:30 Prize Bingo 3:00 Movie Matinee 6:30 Wizard Card Game</p>		<p>29</p> <p>10:00 Morning Stretch 10:30 Chair Yoga with Nadine 10:30 Coffee & Conversation 11:15 Lunch Out: Senior Center 1:00 Brain Health Seminar 1:15 Mahjong with Donna 3:00 Movie Matinee</p>					

Type the name, address, and other information about your community/company here.