

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>10:00 Morning Stretch</b> <b>10:30 Wii Sports: Bowling</b> <b>11:15 Exercise with Danica</b> <b>1:15 Book Club</b> <b>2:15 Prize Bingo</b> <b>3:00 Prayer &amp; Communion</b>	<b>Dr. Appointments: West Seattle</b> <b>10:00 Morning Stretch</b> <b>10:30 Coffee &amp; Conversation</b> <b>11:15 Games: Resident Choice</b> <b>1:15 Afternoon Tea</b> <b>1:30 Senior Center: Hand Drumming</b>	<b>10:00 Morning Stretch</b> <b>10:30 Fitness &amp; Balance</b> <b>10:30 Animal Visit: Bohdi</b> <b>11:15 Show &amp; Share</b> <b>1:15 Shopping: Westwood</b> <b>3:30 Screen Bingo</b> <b>6:30 Wizard Card Game</b>	<b>10:00 Morning Stretch</b> <b>10:30 Chair Yoga with Nadine</b> <b>11:15 Wii Sports: Bowling</b> <b>1:15 Museum: Bonsai Museum</b> <b>1:15 Games: Trash</b> <b>3:00 Lifelong Learning: <small>Maya Angelou</small></b>	<b>10:00 Morning Stretch</b> <b>10:30 Fitness &amp; Balance</b> <b>11:15 Show &amp; Share</b> <b>1:15 Mahjong Practice</b> <b>3:00 Word Games</b>	<b>10:30 Wizard Card Game</b> <b>1:15 Rummy</b> <b>2:00 Movie Matinee</b>
<b>Church Transport: West Seattle</b> <b>11:00 5<sup>th</sup> Grade Luncheon</b> <b>2:00 Movie Matinee</b> <b>2:00 Wizard Card Game</b>	<b>All Fools' Day</b> <b>10:00 Morning Stretch</b> <b>10:30 Wii Sports: Bowling</b> <b>11:15 Exercise with Danica</b> <b>1:15 Mahjong with Donna</b> <b>3:00 Prayer &amp; Communion</b>	<b>Dr. Appointments: Burien</b> <b>10:00 Morning Stretch</b> <b>10:30 Games in the Gardens</b> <b>11:15 Craft Corner: <small>Origami Tulips</small></b> <b>1:15 Shopping: McClendon's</b> <b>3:30 Tasty Tuesday: Red Wine</b> <b>5:00 Birthday Celebrations!</b>	<b>10:00 Morning Stretch</b> <b>10:00 Tulip Festival &amp; Lunch Out</b> <b>10:30 Strength &amp; Flexibility</b> <b>1:15 History Hour: <small>Battle of Culloden</small></b> <b>3:30 Prize Bingo</b> <b>6:30 Wizard Card Game</b>	<b>10:00 Morning Stretch</b> <b>10:30 Chair Yoga with Nadine</b> <b>11:15 Wii Sports: Bowling</b> <b>1:15 Games: Hand &amp; Foot</b> <b>2:30 Game of Pool</b>	<b>10:00 Morning Stretch</b> <b>10:30 Fitness &amp; Balance</b> <b>11:15 Coffee &amp; Conversation</b> <b>1:15 Craft Corner: Cards</b> <b>3:00 Word Games</b>	<b>10:30 All Resident Council Meeting with David</b> <b>11:00 Wizard Card Game</b> <b>1:15 Rummy</b> <b>2:00 Movie Matinee</b>
<b>Church Transport: West Seattle</b> <b>2:00 Movie Matinee</b> <b>2:00 Wizard Card Game</b>	<b>10:00 Morning Stretch</b> <b>10:30 Wii Sports: Bowling</b> <b>11:15 Exercise with Danica</b> <b>1:15 Mahjong with Donna</b> <b>2:30 Screen Bingo</b> <b>3:00 Prayer &amp; Communion</b>	<b>Dr. Appointments: Capitol Hill</b> <b>10:00 Morning Stretch</b> <b>10:30 Resident Council with Eva</b> <b>11:15 Show &amp; Share</b> <b>1:15 Hymn Sing with Bonnie</b> <b>2:00 Afternoon Tea</b> <b>6:30 All Souls Prize Bingo</b>	<b>10:00 Morning Stretch</b> <b>10:30 Poetry: Scottish Poems</b> <b>10:30 Casino + Lunch Out</b> <b>1:15 Games: Resident Choice</b> <b>2:30 Jeopardy</b> <b>6:30 Wizard Card Game</b>	<b>10:00 Morning Stretch</b> <b>10:30 Chair Yoga with Nadine</b> <b>11:15 Wii Sports: Bowling</b> <b>1:15 Travelogue: Scotland</b> <b>2:30 Craft Corner: <small>Mighty Thistle</small></b> <b>4:00 Reminiscing</b>	<b>10:00 Morning Stretch</b> <b>10:30 Fitness &amp; Balance</b> <b>11:15 HLS: Aging with Osteoporosis</b> <b>1:15 Shopping: <small>Trader Joe's</small></b> <b>1:15 Games: Hand &amp; Foot</b> <b>3:00 Word Games</b>	<b>10:30 Wizard Card Game</b> <b>2:00 Movie Matinee</b> <b>1:15 Rummy</b>
<b>Church Transport: West Seattle</b> <b>10:30 All Souls Church Service</b> <b>2:00 Movie Matinee</b> <b>2:00 Wizard Card Game</b>	<b>10:00 Morning Stretch</b> <b>10:30 Wii Sports: Bowling</b> <b>11:15 Exercise with Danica</b> <b>1:15 Mahjong with Donna</b> <b>3:30 Happy Hour</b>	<b>Dr. Appointments: Discretionary</b> <b>10:00 Morning Stretch</b> <b>10:30 Games in the Gardens</b> <b>11:15 Coffee &amp; Conversation</b> <b>1:15 Screen Bingo</b> <b>2:15 Games: Resident Choice</b>	<b>10:00 Morning Stretch</b> <b>10:30 Strength &amp; Flexibility</b> <b>10:30 Animal Visit: Bohdi</b> <b>1:15 Shopping: Fred Meyer</b> <b>4:00 Poetry: Haiku Workshop</b> <b>6:30 Wizard Card Game</b>	<b>10:00 Morning Stretch</b> <b>10:30 Chair Yoga with Nadine</b> <b>11:15 Wii Sports: Bowling</b> <b>1:15 Games: Hand &amp; Foot</b> <b>2:00 Estate Planning</b> <b>3:00 Prize Bingo</b>	<b>10:00 Morning Stretch</b> <b>10:30 Fitness &amp; Balance</b> <b>11:15 Lifelong Learning: <small>Arbor Day</small></b> <b>1:15 Craft Corner: <small>Perspective Painting</small></b> <b>2:00 Talk Food with MaGlori</b>	<b>10:30 Wizard Card Game</b> <b>2:00 Movie Matinee</b> <b>1:15 Rummy</b>
<b>Church Transport: West Seattle</b> <b>2:00 Movie Matinee</b> <b>2:00 Wizard Card Game</b>	<b>Passover Begins</b> <b>Earth Day</b> <b>10:00 Morning Stretch</b> <b>10:30 Wii Sports: Bowling</b> <b>11:15 Exercise with Danica</b> <b>1:15 Mahjong with Donna</b> <b>3:00 Prayer &amp; Communion</b> <b>7:15 International Dance Day</b>	<b>Dr. Appointments: Discretionary</b> <b>10:00 Morning Stretch</b> <b>10:30 Show &amp; Share</b> <b>11:15 Coffee &amp; Conversation</b> <b>1:15 Walking Club: Arboretum</b>	<h1>April 2024</h1>			