

2024 village green

AUGUST FAIRFIELD & COTTAGES

FR - Fitness Room **BOLD BLACK** - Outings
 GYM - Gym **BOLD BLUE** - Live Entertainment
 JB - Juice Bar **RED** - Medical Transports
 MR - Meeting Room **BOLD PURPLE** - Special Events
 DR - Dining Room **BOLD ORANGE** - Meetings
 BOLD GREEN - Seminars
 R - requires reservation
 T - transportation is provided ** Resident Led Activity

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 Scrabble (JB) ** 4 3:00 Volunteer Led Show & Tell (JB)	9:00 to 2:00 Sewing Group (MR) 5 10:30 Dance Cardio (FR) 12:00 Balance & Strength (FR) 2:00 Raffle Bingo (FR) ** 3:30 Mexican Train (JB) **	AM Doctor Transports 6 11:15 Seated Yoga & Meditation (FR) 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&T 4:00 National Night Out BBQ (Perennial Gardens)	8:30 Men's Breakfast R&T 7 10:00 Comfort Keeper's Caregiver Support Group (Hearthside CSF) 10:30 Dance Cardio (FR) 11:30 Safeway/Dollar Store R&T 12:00 Balance & Strength (FR) 2:00 Treats Bingo (FR) 6:30 Rummikub (JB) **	10:30 Coffee Chats (JB) ** 1 11:15 Seated Yoga & Meditation (FR) 3:00 Reminisce Café (JB)	9:00 Mobile Library (Hearthside) 2 10:00 Seattle Art Museum R&T 12:00 Balance & Strength (FR) 2:00 Texas Hold Em' (JB)	11:00 Dime Bingo (FR) ** 3 1:30 Rummikub (JB) ** 6:15 Blackjack (FR) **
1:00 Scrabble (JB) ** 11 3:00 Volunteer Led Trivia Time (JB)	9:00 to 2:00 Sewing Group (MR) 12 10:30 Dance Cardio (FR) 11:00 "A History of Federal Way" (MR) 12:00 Balance & Strength (FR) 1:00 Wine & Cheese (JB) 2:00 Raffle Bingo (FR) ** 4:40 Therapy Dog Visits (JB)	AM Doctor Transports 13 11:15 Seated Yoga & Meditation (FR) 1:00 Rummikub (JB) ** 1:00 Picnic Saltwater Park R&T 3:00 Armchair Travel (Theatre) 6:30 Movie Night (Theatre) **	9:30 Fred Meyer/Winco R&T 14 10:30 Dance Cardio (FR) 12:00 Balance & Strength (FR) 1:00 Tech Assistance (JB) 2:00 Round Table Meeting (FR) 6:30 Rummikub (JB) **	PM Doctor Transports 15 9:00 Walk Redondo R&T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga & Meditation (FR) 2:00 Wii Bowling (GYM) 3:00 Reminisce Cafe (JB)	10:30 Dance Cardio (FR) 16 2:00 Texas Hold Em' (JB) 11:00 to 3:00 - Vendor Boutique on Campus (FR)	11:00 Dime Bingo (FR) ** 17 1:00 Bible Song & Study with CityHill Church Youth Group (Hearthside JB) 1:30 Rummikub (JB) ** 6:15 Blackjack (FR) **
1:00 Scrabble (JB) ** 18 3:00 Volunteer Led Show & Tell (JB)	9:00 to 2:00 Sewing Group (MR) 19 10:30 Dance Cardio (FR) 12:00 Balance & Strength (FR) 2:00 Raffle Bingo (FR) ** 3:30 Mexican Train (JB) **	AM Doctor Transports 20 11:15 Seated Yoga & Meditation (FR) 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&T 3:00 Armchair Travel (Theatre) 4:00 Live Music, Terry B Elvis Tribute (JB) 6:30 Movie Night (Theatre) NW Wellness - Chiropractor Services	10:00 Muckleshoot Casino R&T 21 10:30 Dance Cardio 12:00 Balance & Strength (FR) 1:00 Tech Assistance (JB) 2:00 Treats Bingo (FR) ** 3:15 Activities Meeting (FR) 6:30 Rummikub (JB) **	PM Doctor Transports 22 9:00 Walk Wapato R&T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga & Meditation (FR) 2:00 Wii Bowling (GYM) 5:00 Evening on the Green (Campus Wide) NW Wellness - Massage Services	10:30 Dance Cardio (FR) 23 12:00 Balance & Strength (FR) 2:00 Texas Hold Em' (JB)	11:00 Dime Bingo (FR) ** 24 1:30 Rummikub (JB) ** 6:15 Blackjack (FR) **
1:00 Scrabble (JB) ** 25 3:00 Volunteer Led Trivia Time (JB)	9:00 to 2:00 Sewing Group (MR) 26 10:30 Dance Cardio (FR) 12:00 Balance & Strength (FR) 2:00 Raffle Bingo (FR) ** 3:30 Mexican Train (JB) ** 4:40 Therapy Dog Visits (JB)	AM Doctor Transports 27 10:30 Wii Bowling Tournament! (HS AR) 1:00 Rummikub (JB) ** 1:30 Scenic Drive R&T 3:00 Armchair Travel (Theatre) 3:30 Dining Out, Ranchitos R&T 6:30 Movie Night (Theatre) **	9:30 Walmart/Winco R&T 28 10:30 Dance Cardio (FR) 12:00 Balance & Strength (FR) 1:00 Tech Assistance (JB) 2:00 Talk Soup (MR) 2:30 Treats Bingo (FR) 6:30 Rummikub (JB) **	PM Doctor Transports 29 9:00 Walk Puyallup River Walk R&T 10:30 Coffee Chats (JB) ** 11:15 Seated Yoga & Meditation (FR) 2:00 Wii Bowling (GYM) 3:00 Reminisce Cafe (JB)	10:30 Dance Cardio (FR) 30 12:00 Balance & Strength (FR) 2:00 Texas Hold Em' (JB) 4:00 Happy Hour (JB)	11:00 Dime Bingo (FR) ** 31 1:30 Rummikub (JB) ** 6:15 Blackjack (FR) **

*** Doctor Transports *** AM 7:30 to 11:30 / PM 12:30 to 4:00

08/02
Join us for a trip to the Seattle Art Museum. Entry is only \$5 for seniors on the First Friday.

08/06
Join us for an evening BBQ while we participate in Federal Way's National Night Out! See Flyers, and RSVP please.

08/16
Come do some light shopping on campus with the Traveling Vendor Boutique!

08/22
Join us as we say farewell to Summer Concerts, with our final event, Evening on the Green! Don't miss this food focused event!

08/27
Wii Bowling Tournament on campus! In January, West Seattle won our first tournament and claimed the Gold Bowling Pin. Let's have some fun and win the pin! Spectators and Cheerleaders encouraged to join us!