

MARCH HEARTHSIDE & GARDENS



AR - Activity Room
 LB - Library
 JB - Juice Bar
 DR - Dining Room
 CSF - Care Station
 Fireside
 R - requires reservation
 T - transportation is provided

BOLD BLACK - Outings
BOLD BLUE - Live Entertainment
RED - Medical Transports
BOLD PURPLE - Special Events
BOLD ORANGE - Meetings
BOLD GREEN - Seminars

** Resident Led Activity

SATURDAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30 Group Hymn Singing (JB) 2	9:00 Handwork Social Club (FF JB) 3 11:30 Sittercise (AR) 1:00 Rummikub (JB) ** 2:00 Village Singers (GD DR) 3:00 Bingo (AR)	AM Doctor Transports 4 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 3:00 Fat Tuesday, Gary & Carol Play for You (JB) 5:45 Movie Night (AR) **	8:30 Men's Breakfast R&T 5 11:30 Sittercise (AR) 11:30 Safeway/Dollar Store R&T 2:10 Wine & Cheese (JB) 3:00 Bingo (AR)	PM Doctor Transports 6 9:30 Walk Outlet Mall R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Bible Study (AR) 1:00 Rummikub (JB) 2:00 Reminiscing (JB) 3:00 Armchair Travel (AR)	9:00 Mobile Library (JB) 7 11:30 Sittercise (AR) 1:00 5 Card Draw Poker (JB) 2:00 Bingo (AR)	9:30 St. Vincent De Paul Communion (CSF) 1 10:00 Bridge (AL) ** 10:00 Wii Bowling (AR) **
9:30 Group Hymn Singing (JB) 9	9:00 Handwork Social Club (FF JB) 10 11:30 Sittercise (AR) 1:00 Rummikub (JB) ** 2:00 Village Singers (GD DR) 3:00 Bingo (AR)	AM Doctor Transports 11 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 3:00 Wii Bowling (AR) 3:30 Dining Out, JPs Tavern R&T 5:45 Movie Night, Waking Ned Devine (AR) **	9:30 Walmart/Costco R&T 12 11:30 Sittercise (AR) 1:00 Round Table Meeting (JB) 1:45 Wii Bowling (AR) 3:00 Bingo (AR) 5:00 Christian Prayer Meeting (JB)	PM Doctor Transports 13 9:30 Walk Commons Mall R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Bible Study (AR) 1:00 Rummikub (JB) ** 1:00 Strawberry Festival (FF DR) R&T	11:30 Sittercise (AR) 14 1:00 5 Card Draw Poker (JB) 2:00 Live Music, Mark Z-Irishman (JB)	9:30 St. Vincent De Paul Communion (CSF) 8 10:00 Bridge (AL) ** 10:00 Wii Bowling (AR) **
9:30 Group Hymn Singing (JB) 16	9:00 Handwork Social Club (FF JB) 17 11:30 Sittercise (AR) 1:00 Rummikub (JB) ** 3:00 St. Patty's Happy Hour (JB) 4:10 Therapy Dog Visits (JB)	AM Doctor Transports 18 10:00 Seated Yoga & Meditation (AR) 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 3:00 Wii Bowling R&T 5:45 Movie Night (AR) **	11:30 Sittercise (AR) 19 1:00 White River Museum (FREE) R&T 1:45 Wii Bowling (AR) 3:00 Bingo (AR) 5:15 Singin' with Sid (JB)	10:00 Seated Yoga & Meditation (AR) 20 11:00 Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Balloon Volleyball (JB) ** Chris Off, no PM Appts or Walking Group **	11:30 Sittercise (AR) 21 1:00 5 Card Draw Poker (JB) 2:00 "These Hands" Hand Spa (AR)	9:30 St. Vincent De Paul Communion (CSF) 15 10:00 Bridge (AL) ** 10:00 Wii Bowling (AR) ** 10:00 Shred Event! (HS) 2:00 Irish Dancers (FF FR) R&T
9:30 Group Hymn Singing (JB) 23	9:00 Handwork Social Club (FF JB) 24 11:30 Sittercise (AR) 1:00 Rummikub (JB) ** 2:00 Village Singers (GD DR) 3:00 Bingo (AR)	AM Doctor Transports 25 10:00 Seated Yoga & Meditation (AR) 12:00 Ladies Lunch, Elks Temple R&T 1:00 Blackjack (JB) 1:30 Scenic Drive R&T 3:00 Wii Bowling (AR) 5:45 Movie Night (AR) **	10:00 Emerald Queen, Fife R&T 26 11:30 Sittercise (AR) 1:00 Talk Soup (GD DR) 1:45 Wii Bowling (AR) 3:00 Live Music, with Cameron (JB)	PM Doctor Transports 27 9:30 Walk South Hill Mall R&T 10:00 Seated Yoga & Meditation (AR) 11:00 Bible Study (AR) 1:00 Rummikub (JB) ** 2:00 Reminiscing (LB) 3:00 Armchair Travel (AR)	11:30 Sittercise (AR) 28 1:00 Fred Meyer R&T 1:00 5 Card Draw Poker (JB) 2:00 Bingo (AR)	9:30 St. Vincent De Paul Communion (CSF) 22 10:00 Bridge (AL) ** 10:00 Wii Bowling (AR) **
						9:30 St. Vincent De Paul Communion (CSF) 29 10:00 Bridge (AL) ** 10:00 Wii Bowling (AR) ** 1:00 CityHill Church Youth Group Song & Study (JB) 5:00 Karaoke with Alex (AR)

*** Doctor Transports *** AM 7:30 to 11:30 / PM 12:30 to 4:00

March 30 & 31 will be on the April Calendar

03/13 STRAWBERRY FESTIVAL

Longing for the tastes of summer? Come enjoy the sweet flavors of summer berries at our Strawberry Festival!

Z-IRISHMAN MUSICAL

03/14 PERFORMANCE!

If you enjoy Irish tunes, old or new, whether you have Irish in your roots, you must not miss this excellent Irish show!

03/15 SHRED-IT EVENT!

We will have a shredding truck on campus from 10:00 to 1:00, where you can have your sensitive documents shredded and disposed of for free! Up to 3 boxes per person. Stop by!

03/15 MOMENTUM IRISH DANCERS

Come enjoy the talents and hard work of a local Irish dancing group. Young Irish dancers of all ages are coming to help you celebrate St. Patty's Day... join us!

03/19 FREE MUSEUM VISIT

Hop on the bus for an educational outing to the White River Museum in Auburn.