

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|--|--|---|--|--|
| <b>HEARTHIDE &amp; GARDENS</b><br><b>JANUARY</b><br>2026 <i>village green</i>   | <b>BOLD BLUE</b> - Live Entertainment<br><b>BOLD PURPLE</b> - Special Events<br><b>BOLD ORANGE</b> - Meetings<br><b>RED</b> - Medical Transports<br><b>BOLD GREEN</b> - Outings<br><b>BOLD BLACK</b> - Seminars  | LB - Library<br>AR - Activity Room<br>JB - Juice Bar<br>GD- Garden Dining<br>** Resident Led Activity<br>R - Requires Reservation<br>T - Transportation Provided   |    | <b>1</b><br><b>9:00 Mobile Library (JB)</b><br>11:30 Catch & Stretch (AR)<br>1:00 5 Card Draw Poker (JB)<br>2:00 Bingo (AR)<br>3:30 Resident Choice - Music Videos (JB)   | <b>2</b><br>9:30 Catholic Communion - Service (CSF)  | <b>3</b><br><b>01/01 WINE &amp; CHEESE</b><br>Always a favorite! Enjoy sipping on a glass of wine or sparkling cider, nibble on some tasty treats, all while getting to know your neighbors or spending time with your friends!<br><b>01/08 MULTI-SERVICE CENTER</b><br>A representative from the Federal Way Multi-Service Center will be visiting to share information about the services they provide,<br><b>01/10 CITY HILL YOUTH GROUP</b><br>Will be visiting to share how they support young people through faith, fellowship, and service.<br><b>01/13 HOBBY LOBBY</b><br>A relaxed trip perfect for gathering inspiration, starting a new project, or just enjoying a little retail therapy with good company.<br><b>01/22 THE "NO TALENT SHOW"</b><br>Our Resident Talent Show is a chance to sit back and enjoy the incredible creativity right here in our community.<br><b>12/23 MARK STERN</b><br>Seasoned guitarist and singer, joining us for a live performance filled with great contemporary music and some familiar favorites.<br><b>01/29 OUTSMART/SCAMMERS</b><br>The presentation will cover common scams, warning signs to watch for, and simple tips to protect personal information and finances in everyday situations. |
| <b>4</b><br>*Weekend Activity Packets Available at the Front Desk<br><br><i>Seahawks at 49ers</i>   | <b>5</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 Just for Men - You Be the Mechanic Trivia (JB)<br>3:00 Bingo (AR)<br><br><i>National Bird Day</i>  | <b>6</b><br><b>AM Doctor Transports</b><br>10:00 Bands & Balance (AR)<br>1:00 Blackjack (JB)<br><b>1:00 Scenic Drive R&amp;T</b><br>2:30 Questions for Conversation - Light Debate (JB)<br>5:45 Movie Night (AR)**   | <b>7</b><br><b>9:30 Target/Trader Joes R&amp;T</b><br>11:30 Stretch & Strength (AR)<br><b>1:00 Round Table Meeting (JB)</b><br>1:45 Wii Bowling (AR)<br>3:00 Bingo (AR)  | <b>8</b><br><b>PM Doctor Transports</b><br><b>9:30 Auburn Mall Walk R&amp;T</b><br>10:00 Bands & Balance (AR)<br>11:00 Bible Study (AR)<br><b>1:15 Multiservice Center - Visiting Speaker (JB)</b><br>2:15 Reminisce (LB) | <b>9</b><br>9:30 Catholic Communion - Service (CSF)  | <b>10</b><br>11:30 Catch & Stretch (AR)<br>1:00 5 Card Draw Poker (JB)<br>2:00 Bingo (AR)<br><b>3:15 Happy Hour (JB)</b><br><br><i>Houseplant Appreciation Day</i>   |
| <b>11</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 Big Fun - Alaskan Jokes - and Puns/Moose Trivia (JB)<br>3:00 Bingo (AR)<br>4:00 Therapy Dog Visits (Lobby) | <b>12</b><br><b>AM Doctor Transports</b><br>10:00 Bands & Balance (AR)<br>1:00 Reminisce (LB)<br><b>1:30 Hobby Lobby R&amp;T</b><br>2:30 Nail Spa (AR)<br>5:45 Movie Night (AR)**  | <b>13</b><br><b>9:30 Walmart/Costco R&amp;T</b><br>11:30 Stretch & Strength (AR)<br><b>1:00 Activity Meeting (GD)</b><br>1:45 Wii Bowling (AR)<br>3:00 Bingo (AR)<br><br><i>National Take the Stairs Day</i>         | <b>14</b><br><b>PM Doctor Transports</b><br><b>9:30 Tacoma Mall Walk R&amp;T</b><br>10:00 Bands & Balance (AR)<br>11:00 Bible Study (AR)<br>1:00 Rummikub (JB)**<br>2:00 No Talent Show Rehearsal - (Fairfield) R&T                  | <b>15</b><br>11:30 Catch & Stretch (AR)<br>1:00 5 Card Draw Poker (JB)<br>2:00 Bingo (AR)<br>3:30 Group-Sing-Along (JB)   | <b>16</b><br>9:30 Catholic Communion - Service (CSF) | <b>17</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 EZ Music Trivia (JB)<br>3:00 Bingo (AR)<br><br><i>Winnie the Pooh Day</i>   |
| <b>18</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 EZ Music Trivia (JB)<br>3:00 Bingo (AR)<br><br><i>Winnie the Pooh Day</i>                                  | <b>19</b><br><b>AM Doctor Transports</b><br>10:00 Bands & Balance (AR)<br>1:00 Blackjack (JB)<br>2:00 No Talent Show Rehearsal - (Fairfield) R&T<br><b>3:30 Dinner Outing - Peking Wok R&amp;T</b><br>5:45 Movie Night (AR)**<br><br><i>Martin Luther King Jr. Birthday</i>            | <b>20</b><br><b>9:30 Tacoma Casino - Day Trip R&amp;T</b><br>11:30 Stretch & Strength (AR)<br>1:00 Crafting with Colleen (JB)<br>3:00 Bingo (AR)   | <b>21</b><br><b>PM Doctor Transports</b><br><b>9:30 Fred Meyer/Winco R&amp;T</b><br>10:00 Bands & Balance (AR)<br>11:00 Bible Study (AR)<br>1:00 Rummikub (JB)**<br><b>2:00 No Talent Show - Fairfield R&amp;T</b>                   | <b>22</b><br>11:30 Catch & Stretch (AR)<br>1:00 Wine & Cheese (JB)<br><b>2:00 Mark Stern - Live Entertainment! (JB)</b><br>3:30 Are You Smarter Than - A 5 <sup>th</sup> Grader? (JB)                                     | <b>23</b><br>9:30 Catholic Communion - Service (CSF) | <b>24</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 Readers Group - Short Stories (JB)<br>3:00 Bingo (AR)<br><br><i>Martin Luther King Jr. Birthday</i>   |
| <b>25</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 Readers Group - Short Stories (JB)<br>3:00 Bingo (AR)  | <b>26</b><br><b>AM Doctor Transports</b><br>10:00 Bands & Balance (AR)<br><b>12:30 Ladies Lunch - Puerta Vallarta R&amp;T</b><br>1:00 Call of the Wild w/Charles - Songs of the Last Frontier (JB)<br>3:00 Group Yahtzee (JB)<br>5:45 Movie Night (AR)**<br><br><i>Fun at Work Day</i> | <b>27</b><br><b>9:30 Safeway - &amp; Dollar Store R&amp;T</b><br>11:30 Stretch & Strength (AR)<br><b>1:00 Meeting with the Chef</b><br>1:45 Wii Bowling (AR)<br><b>3:00 Live Entertainment - Cameron Keller (JB)</b> | <b>28</b><br><b>PM Doctor Transports</b><br><b>9:30 Commons Mall Walk R&amp;T</b><br>10:00 Bands & Balance (AR)<br>11:00 Bible Study (AR)<br>1:00 Rummikub (JB)**<br><b>1:00 Outsmart the Scammers - (AR)</b><br>2:15 Reminisce (LB) | <b>29</b><br>11:30 Catch & Stretch (AR)<br>1:00 5 Card Draw Poker (JB)<br>2:00 Bingo (AR)<br>3:30 Group-Sing-Along (JB)   | <b>30</b><br>9:30 Catholic Communion - Service (CSF) | <b>31</b><br>11:30 Stretch & Strength (AR)<br>1:00 Rummikub (JB) **<br>2:00 Village Singers (GD)**<br>2:15 Readers Group - Short Stories (JB)<br>3:00 Bingo (AR)<br><br><i>National Hot Chocolate Day</i>  |

**01/01 WINE & CHEESE**  
 Always a favorite! Enjoy sipping on a glass of wine or sparkling cider, nibble on some tasty treats, all while getting to know your neighbors or spending time with your friends!

**01/08 MULTI-SERVICE CENTER**  
 A representative from the Federal Way Multi-Service Center will be visiting to share information about the services they provide,

**01/10 CITY HILL YOUTH GROUP**  
 Will be visiting to share how they support young people through faith, fellowship, and service.

**01/13 HOBBY LOBBY**  
 A relaxed trip perfect for gathering inspiration, starting a new project, or just enjoying a little retail therapy with good company.

**01/22 THE "NO TALENT SHOW"**  
 Our Resident Talent Show is a chance to sit back and enjoy the incredible creativity right here in our community.

**12/23 MARK STERN**  
 Seasoned guitarist and singer, joining us for a live performance filled with great contemporary music and some familiar favorites.

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 The presentation will cover common scams, warning signs to watch for, and simple tips to protect personal information and finances in everyday situations.

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| <b>FAIRFIELD &amp; COTTAGES</b><br><b>JANUARY</b><br>2026 <i>village green</i>                            | <b>BOLD BLUE</b> - Live Entertainment<br><b>BOLD PURPLE</b> - Special Events<br><b>BOLD ORANGE</b> - Meetings<br><b>RED</b> - Medical Transports<br><b>BOLD GREEN</b> - Outings<br><b>BOLD BLACK</b> - Seminars                                      | LB - Library<br>JB - Juice Bar<br>AR - Activity Room<br>MT - Movie Theater<br>** Resident Led Activity<br>R - Requires Reservation<br>T - Transportation Provided   |   | <b>HAPPY</b><br><i>New Year</i><br>New Year's Day  | 10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)**<br><b>1:00 Wine &amp; Cheese (JB)</b><br>2:00 "The Hunger Games" - (2012) (MT)<br>2:30 Ping Pong (AR)**<br>3:00 Pool Table (AR)**   | 11:00 Dime Bingo (AR)**<br>1:30 Rummikub (AR)**<br>6:15 Blackjack (AR)**                                    |
| 3:00 House of David (MT) **<br>*Weekend Activity Packets Available at the Front Desk<br>Seahawks at 49ers | 10:30 Dance Cardio (AR)**<br>12:00 Balance & Strength (AR)<br>1:00 Lets Sing Karaoke! (JB)<br>2:00 Bingo (AR)**<br>2:00 Village Singers (GD HS)**<br>3:15 Group Crosswords & Trivia (JB)<br>National Bird Day  | <b>AM Doctor Transports</b><br>10:00 St. Luke's Bible Study (MR)<br>1:00 Rummikub (MR)**<br><b>2:00 Scenic Drive R&amp;T</b><br>3:00 "Marty" (1955) (MT)  | <b>8:30 Men's Breakfast R&amp;T</b><br><b>11:30 Target/Trader Joes R&amp;T</b><br>10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br><b>2:00 Round Table Meeting (AR)</b><br>3:00 Casino Style Shape Bingo (AR)<br>6:30 Rummikub (AR)** | <b>PM Doctor Transports</b><br><b>9:30 Auburn Mall Walk R&amp;T</b><br>11:15 SeniorShape Yoga (AR)<br>1:00 Band Meeting w/Gary (MR)**<br>2:00 "The Ladykillers" (1955) (MT)<br>2:15 Wii Bowling (GYM)<br>3:15 Reminisce Café & Donuts (JB)             | 10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br>1:00 Texas Hold'em w Charles (JB)<br>2:00 "The Martian" (2015) (MT)<br>2:30 Ping Pong (AR)**<br>3:00 Pool Table (AR)**<br><b>4:00 Live Music w/Cameron (JB)</b>                              | 11:00 Dime Bingo (AR)**<br>1:30 Rummikub (AR)**<br>6:15 Blackjack (AR)**<br>Houseplant Appreciation Day     |
| 3:00 House of David (MT) **   | 10:30 Dance Cardio (AR)**<br>12:00 Balance & Strength (AR)<br>1:00 Music Video Hour (JB)<br>2:00 Bingo (AR)**<br>2:00 Village Singers (GD HS)**<br>3:15 Group Crosswords & Trivia (JB)<br>4:30 Therapy Dog Visits (Lobby)                            | <b>AM Doctor Transports</b><br>10:00 St. Luke's Bible Study (MR)<br>11:15 SeniorShape Yoga (AR)<br>1:00 Rummikub (AR)**<br><b>1:30 Hobby Lobby R&amp;T</b><br>2:00 Flower Arranging (JB)<br>3:00 "Rebel Without a Cause" - (1955) (MT)                            | <b>9:30 Walmart/Costco R&amp;T</b><br>10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br><b>2:00 Activity Meeting (AR)</b><br>3:15 Casino Style Shape Bingo (AR)<br>6:30 Rummikub (AR)**<br>National Take the Stairs Day                | <b>PM Doctor Transports</b><br><b>9:30 Tacoma Mall Walk R&amp;T</b><br>11:15 SeniorShape Yoga (AR)<br>1:00 Band Meeting w/Gary (MR)**<br>2:00 "Charade" (1963) (MT)<br>2:00 No Talent Show Rehearsal (AR)  | 10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br>2:00 "The Force Awakens" - (2015) (MT)<br>2:15 Readers Theater w/Janelle (JB)<br>2:30 Ping Pong (AR)**<br>3:00 Pool Table (AR)**<br><b>4:00 Happy Hour (JB)</b>                              | 11:00 Dime Bingo (AR)**<br>1:30 Rummikub (AR)**<br>6:15 Blackjack (AR)**<br>Ditch New Years Resolutions Day |
| 3:00 House of David (MT) **   | 10:30 Dance Cardio (AR)**<br>12:00 Balance & Strength (AR)<br>1:00 Call of the Wild w/Charles - Songs of the Last Frontier (JB)<br>2:00 Village Singers (GD HS)**<br>2:00 Bingo (AR)**<br>3:15 Group Crosswords & Trivia (JB)<br>Winnie the Pooh Day | <b>AM Doctor Transports</b><br>10:00 St. Luke's Bible Study (MR)<br>11:15 SeniorShape Yoga (AR)<br>1:00 Rummikub (AR)**<br>2:00 No Talent Show Rehearsal (AR)<br>3:00 "Paths of Glory" (1957) (MT)<br><b>3:30 Dinner Outing - Peking Wok R&amp;T</b>              | <b>9:30 Tacoma Casino - Day Trip R&amp;T</b><br>10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br>2:00 Questions for Conversation - Light Debate (JB)<br>3:15 Casino Style Shape Bingo (AR)<br>6:30 Rummikub (AR)**                    | <b>PM Doctor Transports</b><br><b>9:30 Fred Meyer/Winco R&amp;T</b><br>11:15 SeniorShape Yoga (AR)<br>1:00 Band Meeting w/Gary (MR)**<br>2:00 "Fail Safe" (1964) (MT)<br><b>2:00 No Talent Show (AR)</b>   | 10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br>1:00 Seated Travelogue: - Destination: Anchorage Alaska (JB)<br>2:00 "Jurassic World" (2015) (MT)<br>2:30 Ping Pong (AR)**<br>3:00 Pool Table (AR)**<br><b>4:00 Mark Stern - Live Music!</b> | 11:00 Dime Bingo (AR)**<br>1:30 Rummikub (AR)**<br>6:15 Blackjack (AR)**<br>Compliment Day                  |
| 3:00 House of David (MT) **   | 10:30 Dance Cardio (AR)**<br>12:00 Balance & Strength (AR)<br>1:00 Star of the Month - Sidney Poitier (JB)<br>2:00 Bingo (AR)**<br>2:00 Village Singers (GD HS)**<br>3:15 Group Crosswords & Trivia (JB)   | <b>AM Doctor Transports</b><br>10:00 St. Luke's Bible Study (MR)<br>11:15 SeniorShape Cardio (AR)<br><b>12:30 Ladies Lunch - Puerta Vallarta R&amp;T</b><br>1:00 Rummikub (AR)**<br>3:00 Group Yahtzee (JB)<br>3:00 "12 Angry Men" (1957) (MT)<br>Fun at Work Day | <b>9:30 Safeway/Dollar Store R&amp;T</b><br>0:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br><b>2:00 Meeting with the Chef (AR)</b><br>3:15 Casino Style Shape Bingo (AR)<br>6:30 Rummikub (AR)**                                      | <b>PM Doctor Transports</b><br><b>9:30 Tacoma Mall Walk R&amp;T</b><br>11:15 SeniorShape Yoga (AR)<br>1:00 Band Meeting w/Gary (MR)**<br>2:00 "The Browning Version" - (1951) (MT)<br>2:15 Wii Bowling (GYM)<br><b>3:00 Outsmart the Scammers (MR)</b> | 10:30 Dance Cardio (AR)<br>12:00 Balance & Strength (AR)<br>1:00 Texas Hold'em w Charles (JB)<br>2:00 "The Dark Knight" (2008) (MT)<br>2:30 Ping Pong (AR)**<br>3:00 Pool Table (AR)**   | 11:00 Dime Bingo (AR)**<br>1:30 Rummikub (AR)**<br>6:15 Blackjack (AR)**<br>National Hot Chocolate Day      |

**01/02 WINE & CHEESE**

Always a favorite! Enjoy sipping on a glass of wine or sparkling cider, nibble on some tasty treats, all while getting to know your neighbors or spending time with your friends!

**01/07 MENS BREAKFAST**

We'll be heading out for a Men's Breakfast, hand-picked by Chris. Good food, easy conversation, and a laid-back morning out

**01/09 CAMERON KELLER**

A performance we always look forward to. Beautiful vocals, familiar songs, and a style our residents love,

**01/13 HOBBY LOBBY**

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