

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

<p>Church Transport: West Seattle 1</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Games: Rummikub 2:00 Movie Matinee 3:00 Music Appreciation</p> <p><small>Tu B'Shevat Begins</small></p>	<p>2</p> <p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Book Club with Bonnie 1:45 Centerpieces: February 3:00 Prize Bingo 4:00 Prayer & Communion 4:00 Shadow Puppets with Kallie</p> <p><small>Groundhog Day</small></p>	<p>Dr. Appointments: West Seattle 3</p> <p>10:00 Morning Stretch 10:45 Animal Feature: Crows 1:00 Shopping: Fred Meyer 1:30 Tasty Tuesday: Italian Sodas 3:15 Craft Corner: Cards 4:00 Games: Rummikub</p>	<p>4</p> <p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:45 Snow Sculptures 2:30 Music Appreciation: 50's 3:00 Watercolor Wednesday 6:30 Games: Wizard</p>	<p>5</p> <p>10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 1:00 Frye Movie Event 6:00 Jazz Night with Kallie</p>	<p>6</p> <p>10:00 Morning Stretch (Olympics) 10:45 Strength & Flexibility 1:15 Craft Corner: Magnets 2:30 Winter Olympics 3:00 Word Games 3:30 Game: Shut the Box</p>	<p>7</p> <p>10:00 Morning Stretch 10:30 Wizard Card Game 1:15 Winter Olympic Mini Games 2:00 Movie Matinee 2:30 Games: Farkle</p>
<p>Church Transport: West Seattle 8</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 2:30 Superbowl Tailgate 3:30 Superbowl Watch Party</p>	<p>9</p> <p>10:00 Morning Stretch 10:45 Strength & Balance 11:15 Exercise with Danica 1:45 Shopping: PCC 3:15 Music Appreciation: Carol King 4:00 Prayer & Communion 4:00 Games</p>	<p>Dr. Appointments: Burien 10</p> <p>10:00 Morning Stretch 11:15 Coffee & Conversation 1:00 Games: Mexican Train 2:00 February Birthday Party 3:00 Games: Black Jack 5:00 February Birthday Dinner</p>	<p>11</p> <p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:15 French Chef Day 3:00 Watercolor Wednesday 6:30 All Souls Bingo & Games</p>	<p>12</p> <p>10:00 Morning Stretch 10:30 Lunch Out: Olive Garden 10:45 Exercise with Maria 2:00 Dessert Reception 3:00 Benefits of: Lavender</p>	<p>13</p> <p>10:00 Morning Stretch 10:45 Happy Hour: Mimosa 1:15 Friday the 13th 2:00 Prize Bingo 3:00 Word Games</p>	<p>14</p> <p>10:00 Morning Stretch 10:30 Resident Council 10:30 Wizard Card Game 2:00 Movie Matinee 2:00 Valentines Day Party</p> <p><small>Valentine's Day</small></p>
<p>Church Transport: West Seattle 15</p> <p>10:00 Morning Stretch 10:00 All Souls Church Service 10:30 Shopping: Westwood 1:00 NASCAR Day 2:00 Film Club 3:00 Games: Parcheesi</p>	<p>16</p> <p>10:00 Morning Stretch 10:45 Strength & Balance 1:15 Hymn Sing with Bonnie 2:00 Lifelong Learning Presidents Day 3:00 Games: Historical Matching 4:00 Prayer & Communion</p> <p><small>Presidents' Day (U.S.)</small></p>	<p>Dr. Appointments: Capitol Hill 17</p> <p>10:00 Morning Stretch 10:30 Resident Council & Eva 10:30 Mask Building 11:15 Coffee & King Cake 1:15 Shopping: Trader Joe's 2:15 Lifelong Learning 1st Ladies 3:30 Mardi Gras Learning 5:00 Mardi Gras Dinner</p> <p><small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small></p>	<p>18</p> <p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:15 Brain Games with Danica 2:00 Games: Minus 5 3:00 Watercolor Wednesday 6:30 Games: Wizard</p>	<p>19</p> <p>10:00 Morning Stretch 10:30 Games: Rummikub 10:45 Exercise with Maria 1:30 Mr. Rodger's Day 4:00 Games: Hand & Foot</p>	<p>20</p> <p>10:00 Morning Stretch 10:45 Strength & Flexibility 11:15 Coffee & Conversation 1:15 Pet Day 3:00 Word Games 3:15 Games: Uno</p>	<p>21</p> <p>10:00 Morning Stretch 10:30 Wizard Card Game 1:15 New Yorker Day 2:00 Movie Matinee 3:00 Games: Farkle</p>
<p>Church Transport: West Seattle 22</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Craft Circle 2:00 Film club 3:00 Games: S</p>	<p>23</p> <p>10:00 Morning Stretch 10:45 Strength & Balance 11:15 Lunch Out: Young's Cafe 11:15 Exercise with Danica 1:00 Games: Kings Corner 1:30 Shopping: Uwajimaya 4:00 Prayer & Communion 4:00 Games: Blackjack</p>	<p>Dr. Appointments: Discretionary 24</p> <p>10:00 Morning Stretch 10:30 Games: Cribbage 1:15 Prize Bingo 2:15 Chocolate Covered Nuts 5:00 Dining Room Mix Up</p>	<p>25</p> <p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:45 Activity Meeting 3:00 Watercolor Wednesday 3:00 Games: Mexican Train 6:30 Games: Wizard</p>	<p>26</p> <p>10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 1:00 National Parks 2:13 Snactivity: Pistachio 4:00 Music Appreciation: Jazz</p>	<p>27</p> <p>10:00 Morning Stretch 10:45 Strength & Flexibility 11:15 Coffee & Conversation 1:15 Animal Feature: Polar Bear 2:00 Game: Trash 3:00 Word Games</p>	<p>28</p> <p>10:00 Morning Stretch 10:30 Wizard Card Game 1:15 DNA Discovery Day 2:00 Movie Matinee 2:30 Games: Skipbo</p>