

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

<p>Church Transport: West Seattle 5</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Film Club: Spencer Tracy 2:00 Movie Matinee 3:00 Bridge Club 4:00 Fitness Buddy</p> <p><small>Easter Sunday</small></p>	<p>6</p> <p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Book Club with Bonnie 1:45 Afternoon Tea 3:00 Prize Bingo 4:00 Games: 5 Crowns 4:00 Prayer & Communion</p>	<p>Dr. Appointments: West Seattle 7</p> <p>10:00 Morning Stretch 10:30 Music Appreciation 11:15 Coffee & Conversation 1:00 Tasty Tuesday 1:30 Quarry Queries: <small>Geology Discussion</small> 3:15 Games: Skipbo 4:00 Games: Minus 5</p>	<p>10:00 Morning Stretch 1 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:00 Shopping: Dollar Tree 1:45 Craft Corner: Cards 2:30 Music Appreciation 3:00 Watercolor Wednesday 6:30 Games: Wizard Card Game</p> <p><small>All Fools' Day Passover Begins</small></p>	<p>9:00 Visiting Physician 2 10:00 Morning Stretch 10:30 Burke Museum 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 4:00 Games: Hand & Foot 6:00 Jazz Night with Kallie</p>	<p>10:00 Morning Stretch 3 10:45 Tai Chi 1:00 Cribbage 2:30 World Marble Day 3:00 Word Games</p>	<p>10:00 Morning Stretch 4 10:30 Wizard Card Game 1:15 Science Lab & Discussion 2:00 Movie Matinee 3:00 Games: Trash</p>
<p>Church Transport: West Seattle 12</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Technology Talk 2:00 Movie Matinee 3:00 Bridge Club 4:00 Fitness Buddy</p>	<p>13</p> <p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 11:15 Exercise with Danica 1:45 Benefits of Series 2:45 Prize Bingo 4:00 Prayer & Communion 4:00 Games: Kings in the Corners</p>	<p>Dr. Appointments: Burien 14</p> <p>10:00 Morning Stretch 10:30 Follow-Up with Eva 11:15 Coffee & Conversation 1:00 Dictionary Day 2:00 April Birthday Party 3:00 Games: Mexican Train 4:00 Games: 5 Crowns 5:00 April Birthday Dinner</p>	<p>10:00 Morning Stretch 8 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:45 Shopping: Safeway 2:30 DAB Day: Draw a Bird 3:00 Watercolor Wednesday 6:30 Games: Wizard Card Game</p>	<p>9:00 Visiting Physician 9 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 1:00 Poetry Appreciation 4:00 Games: Hand & Foot</p>	<p>10:00 Morning Stretch 10 10:45 Tai Chi 1:00 Cribbage 2:15 Happy Hour: G&T 3:00 Word Games</p>	<p>9:00 Pancake Breakfast 11 10:00 Morning Stretch 10:30 Resident Council 10:45 Balloon Volleyball 11:00 Wizard Card Game 1:15 Travelogue: Chile 2:00 Movie Matinee 2:30 Craft Circle</p>
<p>Church Transport: West Seattle 19</p> <p>10:00 Morning Stretch 10:00 All Souls Church Service 10:30 Shopping: Westwood 1:00 Library Trip 2:00 Movie Matinee 3:00 Bridge Club 4:00 Fitness Buddy</p>	<p>20</p> <p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 1:15 Hymn Sing with Bonnie 2:15 Prize Bingo 3:30 Music Appreciation 4:00 Prayer & Communion</p>	<p>Dr. Appointments: Capitol Hill 21</p> <p>10:00 Morning Stretch 10:30 Resident Council & Eva 11:15 Coffee & Conversation 1:15 Paper Crafts Day 3:30 Coin Collection Feature 4:00 Games: Rummikub</p>	<p>10:00 Morning Stretch 15 10:00 Tulip Festival 10:45 Strength & Flexibility 11:15 Coffee & Conversation 1:00 Shopping: Trader Joe's 1:15 Shred It Event 3:00 Watercolor Wednesday 6:30 All Souls Bingo & Games</p>	<p>9:00 Visiting Physician 16 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 2:00 Music Appreciation 4:00 Games: Hand & Foot</p>	<p>10:00 Morning Stretch 17 10:45 Tai Chi 1:00 Cribbage 2:15 Prize Bingo 3:00 Word Games</p>	<p>10:00 Morning Stretch 18 10:30 Wizard Card Game 1:15 Animal Feature: Flamingo 2:00 Movie Matinee 3:00 Games: Rummy</p>
<p>Church Transport: West Seattle 26</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Pet Parent's Day 2:00 Movie Matinee 3:00 Bridge Club 4:00 Fitness Buddy</p>	<p>27</p> <p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Morse Code Day 1:45 Art Appreciation: <small>Still Life</small> 4:00 Prayer & Communion 4:00 Games: Blackjack</p>	<p>Dr. Appointments: Discretionary 28</p> <p>10:00 Morning Stretch 10:30 David Kaynor Presentation 1:15 Prize Bingo 2:15 Music Appreciation 3:00 Tasty Tuesday 4:00 Games: Trash</p>	<p>10:00 Morning Stretch 22 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:15 Brain Games with Danica 1:00 Shopping: Fred Meyer 3:00 Watercolor Wednesday 6:30 Games: Wizard Card Game</p> <p><small>Earth Day Administrative Professionals Day</small></p>	<p>9:00 Visiting Physician 23 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 3:30 Happy Hour</p>	<p>10:00 Morning Stretch 24 10:45 Tai Chi 11:15 Arbor Day Discussion 1:00 Cribbage 1:00 Bonsai Museum 3:00 Word Games 5:00 Dining Room Mix Up</p> <p><small>Arbor Day</small></p>	<p>10:00 Morning Stretch 25 10:30 Wizard Card Game 1:15 Benefits of Series 2:00 Movie Matinee 3:00 Games: Farkle</p>
<p>Church Transport: West Seattle 26</p> <p>10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Pet Parent's Day 2:00 Movie Matinee 3:00 Bridge Club 4:00 Fitness Buddy</p>	<p>27</p> <p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Morse Code Day 1:45 Art Appreciation: <small>Still Life</small> 4:00 Prayer & Communion 4:00 Games: Blackjack</p>	<p>Dr. Appointments: Discretionary 28</p> <p>10:00 Morning Stretch 10:30 David Kaynor Presentation 1:15 Prize Bingo 2:15 Music Appreciation 3:00 Tasty Tuesday 4:00 Games: Trash</p>	<p>10:00 Morning Stretch 29 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:00 Dance Appreciation Day 2:15 Activity Meeting 3:00 Watercolor Wednesday 3:00 Games: Mexican Train 6:30 Games: Wizard Card Game</p>	<p>9:00 Visiting Physician 30 10:00 Morning Stretch 10:30 Casino Trip 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 4:00 Games: Hand & Foot</p>		