

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**31**

\*Weekend Activity Packets Available at the Front Desk

**HEARTHSIDE & GARDENS**

**MAY**

2026 

- - Live Entertainment
- - Medical Transports
- - Special Events
- - Seminars
- - Meetings
- - Outings • Sign Up



LB - Library  
 JB - Juice Bar  
 GD - Gardens Dining  
 No Tag - Activity Room  
 GFR - Gardens Fireside Room

**1**

9:00 **Mobile Library (JB)**  
 11:15 Stretch to Strength  
 1:00 TGIF Bingo  
 2:30 Who? What Where? (JB)  
 3:15 YouTube Jukebox (JB)

MAY DAY

**2**

9:30 Catholic Communion: Service (GFR)

**3**

**4**

11:15 Stretch to Strength  
 1:00 Rummikub (JB)  
 2:00 Village Singers (GD)  
 2:15 Golden Bingo  
 3:30 Finish the Poem (LB)

**5**

**AM Doctor Transports**  
 9:45 Foundations Fitness  
 1:00 **Fred Meyer/Winco**  
 1:00 Texas Holdem (JB)  
 3:00 **Cinco De Mayo Social (JB)**  
 5:45 Movie Night

**6**

8:30 **Men's Breakfast**  
 11:15 Stretch to Strength  
 1:45 Wii Bowling  
 3:00 Bingo Blast

**7**

**PM Doctor Transports**  
 9:00 **Celebration Park**  
 9:45 Foundations Fitness  
 11:00 Bible Study  
 1:00 Rummikub (JB)  
 1:30 **Mothers Day Tea (FF DR)**

**8**

11:15 Stretch to Strength  
 1:00 TGIF Bingo  
 3:00 **Wine & Cheese (JB)**

**9**

9:30 Catholic Communion: Service (GFR)

**10**

MOTHER'S DAY

**11**

11:15 Stretch to Strength  
 1:00 **Illahee Music Group (JB)**  
 1:30 Rummikub (JB)  
 2:00 Village Singers (GD)  
 2:15 Golden Bingo  
 4:00 **Therapy Dog (Lobby)**  
 6:00 **Rainier Ringers (FF AR)**

**12**

**AM Doctor Transports**  
 9:45 Foundations Fitness  
 1:00 Texas Holdem (JB)  
 1:00 **Hobby Lobby**  
 2:15 Origami w/Helen  
 3:30 Music & Memories (JB)  
 5:45 Movie Night

**13**

9:30 **Target/Trader Joes**  
 11:15 Stretch to Strength  
 1:00 **Round Table w/ Esther (JB)**  
 1:45 Wii Bowling  
 3:00 Bingo Blast

**14**

**PM Doctor Transports**  
 9:00 **Roegner Park**  
 9:45 Foundations Fitness  
 11:00 Bible Study  
 1:00 Rummikub (JB)  
 2:00 Reminisce (LB)

**15**

11:15 Stretch to Strength  
 1:00 TGIF Bingo  
 2:30 Who? What Where? (JB)  
 3:15 YouTube Jukebox (JB)

**16**

9:30 Catholic Communion: Service (GFR)

ARMED FORCES DAY

**17**

**18**

11:15 Stretch to Strength  
 1:00 **Illahee Music Group (JB)**  
 1:30 Rummikub (JB)  
 2:15 Golden Bingo  
 3:30 Slow & Steady Jokes (LB)

**19**

**AM Doctor Transports**  
 9:45 Foundations Fitness  
 1:00 **Scenic Drive**  
 2:00 **The Wayne Show (JB)**  
 3:30 The Singing Social (JB)  
 5:45 Movie Night

**20**

9:30 **Costco/Walmart**  
 11:15 Stretch to Strength  
 1:00 **Activity Chat w/ Charles**  
 1:45 Wii Bowling  
 3:00 Bingo Blast

**21**

**PM Doctor Transports**  
 9:00 **Ruston Way Walk**  
 9:45 Foundations Fitness  
 11:00 Bible Study  
 1:00 Rummikub (JB)  
 2:00 Reminisce (LB)

**22**

11:15 Stretch to Strength  
 1:00 TGIF Bingo  
 2:15 **Happy Hour Social (JB)**  
 3:30 Folk Music SingAlong (JB)

**23**

9:30 Catholic Communion: Service (GFR)

**24**

**25**

1:00 Rummikub (JB)  
 2:00 Village Singers (GD)  
 4:00 **Dinner & Live Patriotic Music**

MEMORIAL DAY

**26**

**AM Doctor Transports**  
 9:45 Foundations Fitness  
 1:00 Texas Holdem (JB)  
 1:00 **EQ Casino Outing**  
 2:15 Ladies Nail Painting  
 3:30 Group SingAlong  
 5:45 Movie Night

**27**

9:30 **Safeway/Dollar Tree**  
 11:15 Stretch to Strength  
 1:00 **Chef Meeting w/ Brent**  
 1:45 Wii Bowling  
 3:00 **Cameron Keller (JB)**

**28**

**PM Doctor Transports**  
 9:00 **Wapato Lake Walk**  
 9:45 Foundations Fitness  
 11:00 Bible Study  
 1:00 Rummikub (JB)  
 2:00 Reminisce (LB)  
 5:00 **Concert on the Green**

**29**

11:15 Stretch to Strength  
 1:00 TGIF Bingo  
 2:30 Name The Instrument (JB)  
 3:15 YouTube Jukebox (JB)

**30**

9:30 Catholic Communion: Service (GFR)

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**31**  
3:00 House of David (MT)  
  
\*Weekend Activity  
Packets  
Available at the Front  
Desk

**FAIRFIELD & COTTAGES**

**MAY**

2026 

- - Live Entertainment
- - Medical Transports
- - Special Events
- - Seminars
- - Meetings
- - Outings • Sign Up



JB - Juice Bar  
DR - Dining Room  
MT - Movie Theater  
MR - Meeting Room  
No Tag - Activity Room

**1**  
9:00 **Mobile Library (HS JB)**  
10:15 Music in Motion  
12:10 Ageless Strength  
1:00 **Wine & Cheese (JB)**  
2:00 *Apollo 13 1995 (MT)*  
3:00 Pool Table  
  
**MAY DAY**

**2**  
11:00 Silver Stakes -  
15 Dime Bingo  
1:30 Rummikub  
6:15 Blackjack

**3**  
3:00 House of David (MT)

**4**  
10:30 Music in Motion  
12:00 Balance & Strength  
1:00 Finish the Poem (JB)  
2:00 Bingo w/Darlene  
3:15 Trivia Showdown (JB)

**5** **AM Doctor Transports**  
10:00 Bible Study (MR)  
11:00 Chair Yoga  
12:00 Power Hour Fitness  
1:00 **Fred Meyer/Winco**  
1:00 Rummikub  
3:00 *Arthur the King 2024 (MT)*  
4:00 **Cinco De Mayo Social (JB)**

**6**  
8:30 **Men's Breakfast**  
10:15 Music in Motion  
12:00 Balance & Strength  
2:00 Soccer with Scamp  
3:15 Bingo Royale  
6:30 Rummikub

**7** **PM Doctor Transports**  
9:00 **Celebration Park**  
11:00 Stretch & Flow  
1:00 Jam Session (Gary) (MR)  
1:30 **Mothers Day Tea (DR)**  
2:00 *Julie & Julia 2009 (MT)*

**8**  
10:15 Music in Motion  
12:10 Ageless Strength  
2:00 *Steel Magnolias 1989 (MT)*  
1:00 Texas Holdem (JB)  
2:30 Ping Pong  
3:00 Pool Table  
4:00 **Cameron Keller (JB)**

**9**  
11:00 Silver Stakes -  
15 Dime Bingo  
1:30 Rummikub  
6:15 Blackjack

**10**  
3:00 House of David (MT)  
  
**MOTHER'S DAY**

**11**  
10:30 Music in Motion  
12:00 Balance & Strength  
1:00 Group SingAlong (JB)  
2:00 Village Singers (JB HS)  
2:00 Bingo w/Darlene  
3:15 Trivia Showdown (JB)  
4:30 **Therapy Dog (Lobby)**  
6:00 **Rainier Rings Concert**

**12** **AM Doctor Transports**  
10:00 Bible Study (MR)  
11:00 Chair Yoga  
12:00 Power Hour Fitness  
1:00 **Hobby Lobby**  
1:00 Rummikub  
3:00 *Mamma Mia! 2008 (MT)*

**13**  
9:30 **Target/Trader Joes**  
10:15 Music in Motion  
12:00 Balance & Strength  
2:00 **Round Table w/ Esther**  
3:15 Bingo Royale  
6:30 Rummikub

**14** **PM Doctor Transports**  
9:00 **Roegner Park**  
11:00 Stretch & Flow  
12:00 Power Hour Fitness  
1:00 Jam Session (Gary) (MR)  
2:00 *Princess Bride 1987 (MT)*  
2:15 Wii Bowling (GYM)  
3:00 Reminisce w/Helen (JB)

**15**  
10:15 Music in Motion  
12:10 Ageless Strength  
2:00 *The Fall Guy 2024 (MT)*  
2:15 **Scripts & Sips (JB)**  
2:30 Ping Pong  
3:00 Pool Table

**16**  
11:00 Silver Stakes -  
15 Dime Bingo  
1:30 Rummikub  
6:15 Blackjack  
  
**ARMED FORCES DAY**

**17**  
3:00 House of David (MT)

**18**  
10:30 Music in Motion  
12:00 Balance & Strength  
1:00 Word Games (JB)  
2:00 Bingo w/Darlene  
3:15 Trivia Showdown (JB)

**19** **AM Doctor Transports**  
10:00 Bible Study (MR)  
11:00 Chair Yoga  
12:00 Power Hour Fitness  
1:00 **Scenic Drive**  
1:00 Rummikub  
3:00 *If 2024 (MT)*  
4:00 **The Wayne Show (JB)**

**20**  
9:30 **Costco/Walmart**  
10:15 Music in Motion  
12:00 Balance & Strength  
2:00 **Activity Chat w/ Charles**  
3:15 Bingo Royale  
6:30 Rummikub

**21** **PM Doctor Transports**  
9:00 **Ruston Way Walk**  
11:00 Stretch & Flow  
12:00 Power Hour Fitness  
1:00 Jam Session (Gary) (MR)  
2:00 *Jerry & Marge 2022 (MT)*  
2:15 Wii Bowling (GYM)  
3:00 Reminisce w/Helen (JB)

**22**  
10:15 Music in Motion  
12:10 Ageless Strength  
2:00 *Night at Museum 2006 (MT)*  
2:30 Ping Pong  
3:00 Pool Table  
4:00 **Happy Hour Social (JB)**

**23**  
11:00 Silver Stakes -  
15 Dime Bingo  
1:30 Rummikub  
6:15 Blackjack

**24**  
3:00 House of David (MT)

**25**  
10:30 Music in Motion  
2:00 Village Singers (GD HS)  
5:00 **Dinner & Live  
Patriotic Music**  
  
**MEMORIAL DAY**

**26** **AM Doctor Transports**  
10:00 Bible Study (MR)  
11:00 Chair Yoga  
12:00 Power Hour Fitness  
1:00 **EQ Casino Outing**  
1:00 Rummikub  
3:00 *Parent Trap 1998 (MT)*  
4:00 **Cameron Keller (JB)**

**27**  
9:30 **Safeway/Dollar Tree**  
10:15 Music in Motion  
12:00 Balance & Strength  
2:00 **Chef Meeting w/ Brent**  
3:15 Bingo Royale  
6:30 Rummikub

**28** **PM Doctor Transports**  
9:00 **Wapato Lake Walk**  
11:00 Stretch & Flow  
12:00 Power Hour Fitness  
1:00 Jam Session (Gary) (MR)  
2:00 *Hidden Figures 2016 (MT)*  
5:00 **Concert on the Green**

**29**  
10:15 Music in Motion  
12:10 Ageless Strength  
1:00 Texas Holdem (JB)  
2:00 *Elvis 2022 (MT)*  
2:30 Ping Pong  
3:00 Pool Table

**30**  
11:00 Silver Stakes -  
15 Dime Bingo  
1:30 Rummikub  
6:15 Blackjack