

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

						<p>10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:15 Games: Mexican Train 2:30 Bridge Club 3:00 Word Games 3:30 Game: Trash</p> <p>May Day</p>	<p>10:00 Morning Stretch 10:30 Wizard Card Game 3:00 Kentucky Derby Party</p>
<p>Church Transport: West Seattle 10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Benefits of: Blueberries 2:00 Movie Matinee 3:00 Supervised Gym Time</p>	<p>10:00 Morning Stretch 10:30 Wii Bowling: Beginners 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Book Club with Bonnie 1:45 Prize Bingo 3:00 Art: Drawing Class 4:00 Prayer & Communion 4:00 Cribbage</p>	<p>Dr. Appointments: West Seattle 10:00 Morning Stretch 10:45 Music Appreciation 1:00 Shopping: Fred Meyer 2:00 Prize Bingo 3:15 Happy Hour: Margaritas 5:00 Cinco De Mayo Dinner</p> <p>Cinco de Mayo</p>	<p>10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:45 Flower Arranging 2:30 Craft Corner: Cards 3:00 Watercolor Wednesday</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 12:00 Mother's Day Tea 3:30 Games: Hand & Foot 6:00 Jazz Night with Kallie</p>	<p>10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:15 Games: Mexican Train 2:30 Bridge Club 3:00 Word Games 3:30 Game: Minus 5</p>	<p>9:00 Pancake Breakfast 10:00 Morning Stretch 10:30 Resident Council 10:30 Wizard Card Game 2:00 Movie Matinee 2:00 Games: Skip Bo</p>	
<p>Church Transport: West Seattle 10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Animal Feature: Hummingbird 2:00 Movie Matinee 3:00 Supervised Gym Time</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>10:00 Morning Stretch 10:45 Strength & Balance 11:15 Exercise with Danica 1:45 Art: Drawing Class 3:15 Music Appreciation 4:00 Prayer & Communion 4:00 Cribbage</p>	<p>Dr. Appointments: Burien 10:00 Morning Stretch 10:30 Resident Council & Eva 11:15 Coffee & Conversation 2:00 May Birthday Party 3:00 Games: Farkle 5:00 May Birthday Dinner</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 2:00 Vintage Fashion Show 3:00 Watercolor Wednesday 6:30 All Souls Bingo & Games</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 1:00 Games: Hand & Foot 2:00 Shopping: Goodwill</p>	<p>10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:15 Games: Mexican Train 2:30 Bridge Club 2:00 Prize Bingo 3:00 Word Games</p>	<p>10:00 Morning Stretch 10:30 Wizard Card Game 1:00 Outdoor Club 2:00 Movie Matinee 3:00 Games: Blackjack</p> <p>Armed Forces Day</p>	
<p>Church Transport: West Seattle 10:00 Morning Stretch 10:00 All Souls Church Service 10:30 Shopping: Westwood 2:00 Movie Matinee 1:00 Game of Pool 3:00 Supervised Gym Time</p>	<p>10:00 Morning Stretch 10:45 Strength & Balance 1:15 Hymn Sing with Bonnie 2:00 Games: Rummikub 3:00 Art: Drawing Class 4:00 Prayer & Communion 4:00 Cribbage</p> <p>Victoria Day (Canada)</p>	<p>Dr. Appointments: Capitol Hill 10:00 Morning Stretch 10:30 Balloon Volleyball 11:15 Coffee & Conversation 1:15 Shopping: Safeway 3:30 Game: Trash 4:00 Craft Corner</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:15 Brain Games with Danica 1:45 Prize Bingo 3:00 Watercolor Wednesday</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 1:00 Games: Hand & Foot 3:00 Happy Hour 4:00 Games: Kings in the Corner</p> <p>Shavuot Begins</p>	<p>10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:15 Games: Mexican Train 2:30 Bridge Club 3:00 Word Games 3:15 Games: Uno</p>	<p>10:00 Morning Stretch 10:30 Wizard Card Game 1:00 Outdoor Club 2:00 Movie Matinee 3:00 Games: Rummy</p>	
<p>Church Transport: West Seattle 10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Jeopardy 2:00 Movie Matinee 3:00 Supervised Gym Time</p>	<p>10:00 Morning Stretch 10:45 Strength & Balance 11:15 Exercise with Danica 12:00 Memorial Day BBQ 1:00 Yard Games 4:00 Prayer & Communion 4:00 Cribbage</p> <p>Memorial Day</p>	<p>Dr. Appointments: Discretionary 10:00 Morning Stretch 10:30 Games: Cribbage 1:15 Shopping: Trader Joe's 2:15 Tasty Tuesday: Cherries 4:00 Craft Corner</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 1:45 Activity Meeting 3:00 Watercolor Wednesday 3:00 Games: Rummikub</p>	<p>9:00 Visiting Physician 10:00 Morning Stretch 10:45 Exercise with Maria 11:15 Wii Sports: Bowling 1:00 Games: Hand & Foot 4:00 Games: Blackjack</p>	<p>10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:15 Games: Mexican Train 2:30 Bridge Club 3:00 Word Games</p>	<p>10:00 Morning Stretch 10:30 Wizard Card Game 1:00 Outdoor Club 2:00 Movie Matinee 2:30 Games: 5 Crowns</p>	
<p>Church Transport: West Seattle 10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Music Appreciation 2:00 Movie Matinee 3:00 Supervised Gym Time</p>	<p>WELCOME HOME TO OUR NEWEST RESIDENTS:</p> <p>Linda & Luke Bowen, Jean Anderson, Phil Suckerman, Carol Smith, Carl & Barbara Montford, Anne Dwire & Michael Richmond.</p>						