

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Dr. Appointments: West Seattle 1 10:00 Morning Stretch 10:30 Coffee & Conversation 10:45 Fitness & Balance 11:15 History Feature 1:15 Cotton Candy 2:45 Game: Wizard 4:00 Game: Hand & Foot	2 10:00 Morning Stretch 10:00 NW Railway Museum 10:45 Strength & Flexibility 11:15 Wii Bowling 1:15 Benefits of: Blackberries 3:00 Wizard Card Game 4:00 Game: Trash	3 10:00 Morning Stretch 10:30 History Feature 11:15 Wii Sports: Bowling 1:00 Wii Bowling 2:00 Movie Matinee 4:00 Game: Uno	4 10:00 Morning Stretch 10:30 Lifelong Learning 1:00 Games: Mexican Train 2:30 Shopping: Safeway 2:30 Bridge Club 3:00 Word Games 6:00 Games: Resident Run	5 10:00 Morning Stretch 10:30 Game: Wizard 1:00 Outdoor Club: Jack Block 2:00 Movie Matinee
Church Transport: West Seattle 6 10:00 Morning Stretch 10:30 All Souls Church Service 10:30 Shopping: Westwood 1:00 Prize Bingo 2:00 Movie Matinee 2:30 Craft Corner: Cards	7 10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Shopping: Dollar Tree 1:45 History Feature 3:00 Art: Drawing Class 4:00 Prayer & Communion 4:00 Cribbage Labor Day	Dr. Appointments: Burien 8 10:00 Morning Stretch 10:00 Vendor Fair Until 2pm 10:30 Music Appreciation 2:00 September Birthday Party 2:45 Game: Wizard 4:00 Games: Trash 5:00 September Birthday Dinner	9 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 1:15 Plant Feature: Chrysanthemums 1:45 Prize Bingo 3:15 Watercolor Wednesday 4:00 Games: Farkle	10 10:00 Morning Stretch 10:30 Coffee & Conversation 11:15 Wii Sports: Bowling 1:00 Art Appreciation 4:00 Happy Hour: Wine & Beer	11 10:00 Morning Stretch 10:45 Exercise: Tai Chi 11:15 Lifelong Learning: Clouds 1:00 Games: Mexican Train 2:30 Bridge Club 2:30 Benefits of Honey 3:00 Word Games 6:00 Games: Resident Run Rosh Hashanah Begins	12 9:00 Pancake Breakfast 10:00 Morning Stretch 10:30 Resident Council 10:30 Game: Wizard 1:00 Outdoor Club: Highline 2:00 Movie Matinee 2:30 Games: Blackjack
Church Transport: West Seattle 13 10:00 Morning Stretch 10:30 Shopping: Westwood 1:00 Chocolate Factory Tour 2:00 Movie Matinee 5:00 Grandparents Day Grandparents Day	14 10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:45 Prize Bingo 3:00 Art: Drawing Class 4:00 Prayer & Communion 4:00 Cribbage	Dr. Appointments: Capitol Hill 15 10:00 Morning Stretch 10:30 Balloon Volleyball 10:30 Resident Council & Eva 11:15 Dot Day 1:15 Art: Stippling 2:45 Game: Wizard 3:30 Games: Blackjack	16 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 1:00 Brain Games with Danica 2:00 Prize Bingo 3:15 Watercolor Wednesday 4:00 Games: Kings in the Corner	17 10:00 Morning Stretch 10:30 Lifelong Learning: Lies 11:15 Wii Sports: Bowling 1:00 Shopping: Farmer's Market 4:00 Games: 5 Crowns	18 10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:00 Games: Mexican Train 2:15 Bridge Club 3:00 Word Games 6:00 Games: Resident Run	19 10:00 Morning Stretch 10:30 Game: Wizard 1:00 Outdoor Club: Bonsai 2:00 Movie Matinee Oktoberfest Begins
Church Transport: West Seattle 20 10:00 Morning Stretch 10:30 Shopping: Westwood 1:15 Up for Debate 2:00 Movie Matinee 3:30 Games: Farkle Yom Kippur Begins	21 10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Deaf Awareness Week 1:45 Prize Bingo 4:00 Prayer & Communion 4:00 Cribbage	Dr. Appointments: Discretionary 22 10:00 Morning Stretch 10:00 Flu Clinic 10:30 Game: Blackjack 1:15 Craft Corner: Centerpieces 2:45 Game: Wizard Autumn Begins	23 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 1:00 Prize Bingo 2:00 Craft Corner: Paper Dolls 3:00 Watercolor Wednesday 4:00 Games: Phase 10	24 10:00 Morning Stretch 10:45 Music Appreciation 11:15 Wii Sports: Bowling 1:00 Scenic Drive: Luther 4:00 Games: Match Game	25 10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:00 Games: Mexican Train 2:30 Bridge Club 3:00 Word Games 6:00 Games: Resident Run Sukkot Begins	26 10:00 Morning Stretch 10:30 Game: Wizard 1:00 Outdoor Club: Lincoln Park 2:00 Movie Matinee 3:00 Happy Hour: Sangria
Church Transport: West Seattle 27 10:00 Morning Stretch 10:30 Shopping: Westwood 1:15 Plant Feature: Spider 2:00 Movie Matinee 4:00 Games: 5 Crowns	28 10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Stupid Question Day 1:45 Prize Bingo 4:00 Prayer & Communion 4:00 Cribbage	Dr. Appointments: Discretionary 29 10:00 Morning Stretch 10:30 Coffee & Conversation 11:15 Game: Uno 1:00 Craft Corner: Hummingbirds 2:45 Game: Wizard 3:30 Art Appreciation	30 10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 2:00 Music Appreciation 3:00 Watercolor Wednesday 4:00 Games:	September 2026		