

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

				10:00 Morning Stretch 10:30 Wii Sports: Bowling 12:00 Oktoberfest Luncheon 2:00 Games: 5 Crowns 4:00 Craft Corner: Diamond Dots 6:00 Jazz Night	10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:00 Games: Mexican Train 2:15 Bridge Club 3:00 Word Games 3:15 Music Appreciation 6:00 Games: Resident Run	10:00 Morning Stretch 10:30 Games: Wizard 1:15 Scenic Drive: Seward 2:00 Movie Matinee
Church Transport: West Seattle 4	10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Book Club with Bonnie 2:00 Craft Corner: Cards 4:00 Prayer & Communion 4:00 Cribbage	Dr. Appointments: Burien 6	10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 1:15 Poetry Appreciation: Poe 1:45 Prize Bingo 3:15 Watercolor Wednesday 4:00 Games: Sorry	10:00 Morning Stretch 11:15 Wii Sports: Bowling 1:00 Scenic Drive: 3 Tree Point 3:00 Games: Kings in the Corner 4:15 Music Appreciation	10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:00 Games: Mexican Train 2:15 Bridge Club 3:00 Word Games 6:00 Games: Resident Run	Simchat Torah Begins
Church Transport: West Seattle 11	10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 11:30 Lunch Out: Endolyn Joe's 3:00 Art: Drawing Class 4:00 Prayer & Communion 4:00 Cribbage Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	Dr. Appointments: Capitol Hill 13	10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 1:00 Craft Corner: Votives 1:45 Prize Bingo 3:15 Watercolor Wednesday 4:00 Games: Scrabble	10:00 Morning Stretch 11:15 Wii Sports: Bowling 1:00 Point Defiance Zoo: Trolls 2:00 Movie Matinee 3:00 Games: Resident Run 5:15 Football: SEA VS BRONCO	10:00 Morning Stretch 10:45 Benefits of: Sweet Potato 1:00 Games: Mexican Train 1:30 Scenic Drive: Alki 2:15 Bridge Club 3:00 Word Games 6:00 Games: Resident Run	10:00 Morning Stretch 10:30 Games: Wizard 1:00 Shopping: Goodwill 2:00 Movie Matinee 3:30 Happy Hour: Hot Toddy
Church Transport: West Seattle 18	10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:00 Hymn Sing with Bonnie 1:45 Shopping: Dollar Tree 3:15 Art: Drawing Class 4:00 Prayer & Communion 4:00 Cribbage	Dr. Appointments: Discretionary 20	10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 1:00 Brain Games with Danica 2:00 Pumpkin Decorating 3:15 Watercolor Wednesday 6:00 Game Night: All Souls	10:00 Morning Stretch 10:30 Northwest Trek 11:00 Wii Sports: Bowling 1:00 Games: Resident Choice 2:00 Movie Matinee	10:00 Morning Stretch 10:45 Exercise: Tai Chi 1:00 Games: Mexican Train 1:00 Outdoor Club: Powelswood 2:15 Bridge Club 3:00 Word Games 6:00 Games: Resident Run	10:00 Morning Stretch 10:30 Games: Wizard 1:00 Scenic Drive: Redondo 2:00 Movie Matinee 3:00 Game: Kings in the Corner
Church Transport: West Seattle 25	10:00 Morning Stretch 10:30 Wii Bowling 10:45 Strength & Balance 11:15 Exercise with Danica 1:30 Scenic Drive: Murals 3:15 Benefits of: Pumpkin 4:00 Prayer & Communion 4:00 Cribbage	Dr. Appointments: Discretionary 27	10:00 Morning Stretch 10:45 Fitness & Balance 10:45 Strength & Flexibility 11:15 Wii Bowling 11:15 Lunch Out: Chinese 2:00 Variety Show	10:00 Morning Stretch 11:15 Wii Sports: Bowling 1:00 Shopping: Wal-Mart 2:00 Movie Matinee	10:00 Morning Stretch 10:30 Trick or Treating 2:00 Halloween Party 2:15 Bridge Club 3:00 Word Games 6:00 Games: Resident Run	10:00 Morning Stretch 10:30 Games: Wizard 1:00 Art Appreciation: Scream 2:00 Movie Matinee 2:00 Games: 5 Crowns

Halloween