

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEARTHSIDE & GARDENS OCTOBER 2026 village green - Live Entertainment - Medical Transports - Special Events - Seminars - Meetings - Outings • Sign Up LB - Library JB - Juice Bar GD - Gardens Dining No Tag - Activity Room GFR - Gardens Fireside Room				1 PM Doctor Transports 9:00 Celebration Park Walk 9:45 Bands & Balls 11:00 Praise & Worship 12:30 Rummikub (JB) 2:00 Trivia w/Helen 3:00 Reminisce (LB)	2 Mobile Library (JB) 9:00 11:15 Stretch to Strength 1:00 TGIF Bingo 2:15 Show & Tell (JB) 3:30 YouTube Jukebox (JB)	3 Catholic Communion: Service (GFR) 9:30
4 *Weekend Activity Packets Available at the Front Desk	5 11:15 Stretch to Strength 12:30 Rummikub (JB) 2:00 Bingo Blast 2:00 Village Singers (GD) 3:30 Trivia Time (JB) 4:00 Therapy Dog Visits in the Lobby	6 AM Doctor Transports 9:45 Bands & Balls 12:30 Rummikub (JB) 1:00 Fred Meyer/ WinCo Kroger Label 10% off 2:00 Coffee & Donut Social (JB) 3:30 Music & Memories (JB) 5:45 Movie Night	7 8:30 Mens Breakfast 10:00 Bridge w/ Jim (GD) 11:00 Casino Outing 11:15 Stretch to Strength 1:30 Bingo Blast 3:00 Readers Theater (JB)	8 PM Doctor Transports 9:00 Game Farm Walk 9:45 Bands & Balls 11:00 Praise & Worship 12:30 Rummikub (JB) 1:00 Wii Bowling 2:00 Reminisce (LB) 3:30 YouTube Jukebox (JB)	9 11:15 Stretch to Strength 1:00 TGIF Bingo 2:30 Haunted Cookie Decorating (JB) 3:30 YouTube JukeBox (JB)	10 Catholic Communion: Service (GFR) 9:30
11	12 11:15 Stretch to Strength 12:30 Rummikub (JB) 2:00 Bingo Blast 2:00 Village Singers (GD) 3:30 Trivia Time (JB) Columbus Day Indigenous Peoples' Day	13 AM Doctor Transports 9:45 Bands & Balls 12:30 Rummikub (JB) 1:00 Carpinito Bros Pumpkin Patch Trip 2:00 Max Renshaw (JB) 3:30 Music & Memories (JB) 5:45 Movie Night	14 9:30 Target/ Trader Joes 10:00 Bridge w/ Jim (GD) 11:15 Stretch to Strength 1:00 Round Table w/ Kim 2:00 Bingo Blast 3:30 Monster Mash SingAlong (JB)	15 PM Doctor Transports 9:00 Edgewood Park Walk 11:00 Praise & Worship 12:30 Rummikub (JB) 1:00 Readers Theater 3:00 Reminisce (LB)	16 11:15 Stretch to Strength 1:00 TGIF Bingo 2:15 Wine & Cheese (JB) 3:30 YouTube Jukebox (JB)	17 Catholic Communion: Service (GFR) 9:30
18	19 11:15 Stretch to Strength 12:30 Rummikub (JB) 2:00 Bingo Blast 2:00 Village Singers (GD) 3:30 Trivia Time (JB) 4:00 Therapy Dog Visits in the Lobby	20 AM Doctor Transports 9:45 Bands & Balls 12:30 Rummikub (JB) 1:00 Scenic Drive 3:30 Music & Memories (JB) 5:45 Movie Night	21 9:30 Walmart/ Costco 10:00 Bridge w/ Jim (GD) 11:15 Stretch to Strength 1:00 Chat w/ Charles (GD) 2:00 Bingo Blast 3:30 Show & Tell (JB)	22 PM Doctor Transports 9:00 King County Ballfields 9:45 Bands & Balls 11:00 Praise & Worship 12:30 Rummikub (JB) 1:00 Wii Bowling 2:00 Reminisce (LB) 3:00 SingAlong w/ Helen (JB)	23 11:15 Stretch to Strength 1:00 TGIF Bingo 2:15 Happy Hour Social (JB) 3:00 YouTube Jukebox (JB)	24 Catholic Communion: Service (GFR) 9:30
25	26 11:15 Stretch to Strength 12:30 Rummikub (JB) 2:00 Bingo Blast 2:00 Village Singers (GD) 3:30 Trivia Time (JB)	27 AM Doctor Transports 9:45 Bands & Balls 12:30 Rummikub (JB) 12:30 Ladies Lunch Black Diamond Bakery 2:00 Smartphone Help (JB) 3:30 Music & Memories (JB) 5:45 Movie Night	28 9:30 Safeway/ Dollar Store 10:00 Bridge w/ Jim (GD) 11:15 Stretch to Strength 1:00 Meeting w/ the Chef (GD) 2:00 Bingo Blast 3:00 Cameron Keller (JB) 5:00 Dinner @ Black Angus	29 PM Doctor Transports 9:00 Des Moine Marina Walk 9:45 Bands & Balls 11:00 Praise & Worship 12:30 Rummikub (JB) 1:00 Trick or Treat Rides (GD) 3:30 SingAlong w/ Helen (JB)	30 11:15 Stretch to Strength 2:00 Boo Bash & Costume Contest (JB) 6:00 Trick-or-Treat at Village Green	31 Catholic Communion: Service (GFR) 9:30 Halloween

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FAIRFIELD & COTTAGES OCTOBER 2026 						
- Live Entertainment - Medical Transports - Special Events - Seminars - Meetings - Outings • Sign Up JB - Juice Bar MR - Meeting Room Italics - Movie Theater No Tag - Activity Room						
4 *Weekend Activity Packets Available at the Front Desk	5 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 2:00 Village Singers (GD HS) 2:00 Bingo w/ Darlene 3:15 Trivia Showdown 4:30 Therapy Dog - Lobby	6 AM Doctor Transports 11:00 Chair Yoga 12:00 Power Hour Fitness 1:00 Fred Meyer/ WinCo Kroger Label 10% off 1:00 Rummikub 3:00 <i>Hoot (2006)</i>	7 8:30 Mens Breakfast 10:00 Seated Dance 10:30 Dance Cardio Group 11:00 Casino Outing 12:00 Balance & Strength 3:15 Big Screen Bingo 6:15 Rummikub	8 PM Doctor Transports 9:00 Game Farm Park 11:00 Stretch & Flow 12:00 Power Hour Fitness 1:00 Band Practice (MR) 1:00 Switch Bowling 2:00 <i>Casper (1995)</i> 2:00 Needlecraft Nook	9 10:00 Seated Dance 10:30 Dance Cardio Group 12:15 Power Hour Fitness 2:00 <i>How to Eat Fried Worms (2006)</i> 	3 11:00 Silver Stakes Dime Bingo 1:15 Rummikub 6:15 Blackjack
11	12 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 2:00 Village Singers (GD HS) 2:00 Bingo w/ Darlene Columbus Day Indigenous Peoples' Day	13 AM Doctor Transports 10:00 St Luke's Bible Study (MR) 11:00 Chair Yoga 12:00 Power Hour Fitness 1:00 Pumpkin Patch Trip 1:00 Rummikub 3:00 <i>The New World (2005)</i> 4:00 Max Renshaw (JB)	14 9:30 Target/ Trader Joes 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 1:00 Round Table w/ Kim 3:15 Big Screen Bingo 6:15 Rummikub	15 PM Doctor Transports 9:00 Edgewood Walk 11:00 Stretch & Flow 12:00 Power Hour Fitness 1:00 Band Practice (MR) 1:00 Switch Bowling 2:00 <i>The Notebook (2004)</i> 2:00 Needlecraft Nook	16 10:00 Seated Dance 10:30 Dance Cardio Group 1:00 Cider, Wine & Cheese Social (JB) 2:00 <i>Hotel Transylvania (2012)</i>	17 11:00 Silver Stakes Dime Bingo 1:15 Rummikub 6:15 Blackjack
18	19 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 2:00 Village Singers (GD HS) 2:00 Bingo w/ Darlene 3:15 Trivia Showdown (JB) 4:30 Therapy Dog - Lobby	20 AM Doctor Transports 10:00 St Luke's Bible Study (MR) 11:00 Chair Yoga 12:00 Power Hour Fitness 1:00 Fall Colors Scenic Drive 1:00 Rummikub 3:00 <i>The Last Mimzy (2007)</i>	21 9:30 Walmart/ Costco 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 2:00 Chat w/ Charles 3:15 Big Screen Bingo 6:15 Rummikub	22 PM Doctor Transports 9:00 King County Ballfields 11:00 Stretch & Flow 12:00 Power Hour Fitness 1:00 Band Practice (MR) 1:00 Switch Bowling (GYM) 2:00 <i>Ghostbusters (1984)</i> 2:00 Needlecraft Nook	23 10:00 Seated Dance 10:30 Dance Cardio Group 12:15 Power Hour Fitness 2:00 Scripts & Sips (JB) 2:00 <i>Monster House (2006)</i> 4:00 Happy Hour (JB)	24 11:00 Silver Stakes Dime Bingo 1:15 Rummikub 6:15 Blackjack
25	26 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 1:00 Coffee & Donut Social (JB) 2:00 Bingo w/ Darlene 2:00 Village Singers (GD HS) 3:15 Trivia Showdown (JB)	27 AM Doctor Transports 10:00 St Luke's Bible Study (MR) 11:00 Chair Yoga 12:00 Power Hour Fitness 12:30 Ladies Lunch Black Diamond Bakery 1:00 Rummikub 3:00 <i>Coco (2017)</i>	28 9:30 Safeway/ Dollar Store 10:00 Seated Dance 10:30 Dance Cardio Group 12:00 Balance & Strength 2:00 Meeting w/ the Chef 3:15 Big Screen Bingo 5:00 Dinner @ Black Angus 6:15 Rummikub	29 PM Doctor Transports 9:00 Des Moines Marina Walk 11:00 Stretch & Flow 12:00 Power Hour Fitness 1:00 Band Practice (MR) 2:00 <i>Abbott and Costello Meet Frankenstein (1948)</i> 2:00 Needlecraft Nook	30 10:00 Seated Dance 10:30 Dance Cardio Group 1:00 Sewing Circle (JB) 2:00 <i>Beetlejuice (1988)</i> 2:00 Boo Bash & Costume Contest (HS JB) 6:00 Trick-or-Treat at Village Green	31 11:00 Silver Stakes Dime Bingo 1:30 Rummikub 6:15 Blackjack Halloween